2017

Professional Development Institute

The Virginia Department of Education
Office of Career and Technical Education
with the
Virginia Association for Teachers
of
Family and Consumer Sciences

STREAMING with FACS!

July 30 – August 2

The Hotel Roanoke & Conference Center
Roanoke, Virginia

FAMILY & CONSUMER SCIENCES
VATFACS Board

President – Deborah Agee, Henrico County Public Schools
Past President – Kimberly Wilson, Alexandria City Public Schools
President Elect – Regina Morrone, Fairfax County Public Schools
Vice President – Trista Mason, Fairfax County Public Schools
Reporter – Lisa White-Murrill, Stafford County Public Schools
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Virginia CTE Representative – Margaret Horton, Caroline County Public Schools
Advisor to the Board – Helen G. Fuqua, Virginia Department of Education

Family and Consumer Sciences Vision
Family and Consumer Sciences Education empowers individuals and families across the life span to manage the challenges of living and working in a diverse global society. Our unique focus is on families, work, and their interrelationships.

Family and Consumer Sciences Mission
The mission of Family and Consumer Sciences Education is to prepare students for family life, work life, and careers in Family and Consumer Sciences Education by providing opportunities to develop the knowledge, skills, attitudes, and behaviors needed for:

- Strengthening the well-being of individuals and families across the life span.
- Becoming responsible citizens and leaders in family, community, and work settings.
- Promoting optimal nutrition and wellness across the life span.
- Managing resources to meet the material needs of individuals and families.
- Balancing personal, home, family, and work lives.
- Using critical and creative thinking skills to address problems in diverse family, community, and work environments.
- Successful life management, employment, and career development.
- Functioning effectively as providers and consumers of goods and services.
- Appreciating human worth and accepting responsibility for one’s actions and success in family and work life.
<table>
<thead>
<tr>
<th>Schedule at a Glance</th>
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**Saturday, July 29**
- 2:00 p.m. to 5:30 p.m.: VATFACS Board of Directors Meeting & Work Session
- 6:00 p.m. to 8:00 p.m.: VATFACS Board of Directors Dinner

**Sunday, July 30**
- 8:00 a.m. to 9:00 a.m.: VATFACS Board of Directors Breakfast
- 9:00 a.m. to 12:00 p.m.: VATFACS Board of Directors Meeting & Work Session
- 12:00 p.m. to 1:00 p.m.: VATFACS Board of Directors Lunch
- 1:00 p.m. to 4:00 p.m.: VATFACS Board of Directors Meeting
- 4:00 p.m. to 9:00 p.m.: VATFACS Institute Registration Set Up
- 5:00 p.m. to 7:00 p.m.: VATFACS Institute Registration
- 7:00 p.m.: Facilitators Meeting

**Monday, July 31**
- 7:00 a.m. to 5:00 p.m.: Registration Open
- 7:00 a.m. to 8:00 a.m.: Breakfast Session
- 9:00 a.m. to 10:00 a.m.: Breakout Sessions
- 10:15 a.m. to 11:15 a.m.: Breakout Sessions
- 11:30 a.m. to 1:30 p.m.: Luncheon Session with Keynote Speaker Dr. Farrell Doss, Radford University
- 1:45 p.m. to 3:15 p.m.: Breakout Sessions
- 3:30 p.m. to 5:00 p.m.: Breakout Sessions
- 8:00 p.m. to 9:00 p.m.: FACS Treasure Hunt

**Tuesday, August 1**
- 6:00 a.m. to 6:45 a.m.: ZUMBA for Health and Fitness!
- 7:00 a.m. to 8:00 a.m.: Breakfast Session
- 7:00 a.m. to 11:30 a.m.: Registration Open
- 7:30 a.m. to 8:15 a.m.: VATFACS Annual Business Meeting
- 8:15 a.m. to 9:00 a.m.: Virginia Department of Education Update

**Tuesday, August 1 continued**
- 9:00 a.m. to 5:00 p.m.: Exhibits
- 9:15 a.m. to 11:15 a.m.: Grand Carousel and Showcase/FACS Infusion
- 9:15 a.m. to 11:15 a.m.: Breakout Sessions
- 11:30 a.m. to 1:30 p.m.: Luncheon Session with Keynote Speaker Sandy Spavone, Executive Director, National FCCLA
- 1:45 p.m. to 3:15 p.m.: Breakout Sessions
- 3:30 p.m. to 5:00 p.m.: Breakout Sessions
- 5:00 p.m. to 8:00 p.m.: VATFACS Board of Directors Meeting and Dinner

**Wednesday, August 2**
- 7:00 a.m. to 8:00 a.m.: Breakfast Session
- 8:15 a.m. to 9:15 a.m.: AAFCS Broad Field FACS Assessment Session A (for registered Institute participants)
- 8:00 a.m. to 9:30 a.m.: Breakout Sessions
- 9:45 a.m. to 11:15 a.m.: Breakout Sessions
- 11:30 a.m. to 1:30 p.m.: Luncheon with Keynote Speaker, Susan Turgeson, Learning ZoneXpress Professional Development Certificate will be e-mailed to participants
- 1:00 p.m. to 3:30 p.m.: Post Institute Registration

**Special Note:** If you are scheduled for the AAFCS assessment, you must check in at the VATFACS registration desk at The Hotel Roanoke and Conference Center. You will receive your testing ID #, directions to the Higher Education Center, and special information pertinent to this assessment at registration. You will not be allowed into the testing site without your assigned ID #. This assessment will be administered at the Higher Education Center.

- 2:00 p.m. to 9:30 p.m.: Virginia Teachers for Tomorrow Teacher Cadet Curriculum Training Part I
Wednesday, August 2  

2:00 p.m. to 3:00 p.m.  AAFCS Broad Field FACS Post Institute Assessment Session B

Special Note: If you are scheduled for the AAFCS assessment, you must check-in at the VATFACS registration desk at The Hotel Roanoke and Conference Center. You will receive your testing ID #, directions to the Higher Education Center, and special information pertinent to this assessment at registration. You will not be allowed into the testing site without your assigned ID #. This assessment will be administered at the Higher Education Center.

2:00 p.m. to 5:00 p.m.  Google Classroom for Beginners

2:00 p.m. to 5:00 p.m.  ServSafe Recertification Training and Test

2:00 p.m. to 5:00 p.m.  W!SE Financial Literacy Certification

3:30 p.m. to 4:30 p.m.  AAFCS Broad Field FACS Post Institute Assessment Session C

Special Note: If you are scheduled for the AAFCS assessment, you must check-in at the VATFACS registration desk at The Hotel Roanoke and Conference Center. You will receive your testing ID #, directions to the Higher Education Center, and special information pertinent to this assessment at registration. You will not be allowed into the testing site without your assigned ID #. This assessment will be administered at the Higher Education Center.

Thursday, August 3

8:00 a.m. to 9:00 a.m.  Post Institute Registration

8:00 a.m. to 5:00 p.m.  ProStart Training

8:00 a.m. to 5:00 p.m.  Virginia Teachers for Tomorrow Teacher Cadet Curriculum Training Part II

8:00 a.m. to 5:00 p.m.  ServSafe Training and Test

8:00 a.m. to 5:00 p.m.  Food Science Training

Friday, August 4

8:00 a.m. to 12:00 p.m.  ProStart Training

Schedule is tentative and subject to change.
## Sunday, July 30

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 a.m. to 9:00 a.m.</td>
<td>VATFACS Board of Directors Breakfast</td>
<td><strong>Blue Ridge Boardroom</strong></td>
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<tr>
<td>9:00 a.m. to 12:00 p.m.</td>
<td>VATFACS Board of Directors Meeting and Work Session</td>
<td><strong>Blue Ridge Boardroom</strong></td>
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<tr>
<td>12:00 p.m. to 1:00 p.m.</td>
<td>VATFACS Board of Directors Lunch</td>
<td><strong>Blue Ridge Boardroom</strong></td>
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<td>12:00 p.m. to 4:00 p.m.</td>
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<tr>
<td>4:00 p.m. to 5:00 p.m.</td>
<td>VATFACS Institute Registration Set Up</td>
<td><strong>North Entry Foyer</strong></td>
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<tr>
<td>5:00 p.m. to 7:00 p.m.</td>
<td>VATFACS Institute Registration</td>
<td><strong>North Entry Foyer</strong></td>
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<tr>
<td>7:00 p.m.</td>
<td>Facilitators Meeting</td>
<td><strong>North Entry Foyer</strong></td>
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</table>
## Monday, July 31

7:00 a.m. to 5:00 p.m.  
Registration Open  
*North Entry Foyer*

### Session #1

7:00 a.m. to 8:00 a.m.  
*Roanoke Ballroom C and D*

**Session Title:** Breakfast

**Facilitators:** 
Debbie Agee, President, Henrico County Public Schools  
Regina Morrone, President Elect, Fairfax County Public Schools

### Session #2

9:00 a.m. to 10:00 a.m.  
*Roanoke E and F*

**Session Title:** Life in the FACS Lane

**Session Description:** Join us for a ride on the information highway to explore new apps for the family and consumer sciences classroom! Participants will learn about apps including Google Classroom, Google Docs, PEAR Deck, Prezi, Kahoot, GoFormative, and Socrative.

**Career Clusters Represented:**

- **Arts, A/V Technology & Communications**
- **Education & Training**

**Presenter:** Tanesha Koonce, Bayside High School, Virginia Beach City Public Schools  
**Facilitator:** Tonya Giddens, Bayside High School, Virginia Beach City Public Schools

### Session #3

9:00 a.m. to 10:00 a.m.  
*Roanoke G and H*

**Session Title:** Preparing Pre-Education Students for Meaningful Service Experiences

**Session Description:** Learn how to prepare pre-education students for meaningful work-based learning experiences. The presenter will share strategies for engaging learners through purposeful exploration, active learning, and reflection to process their learning.

**Career Clusters Represented:**

- **Education & Training**  
- **Human Services**

**Presenter:** Dawn Knight-Withers, Pre-Education Advising Coordinator, Virginia Tech  
**Facilitator:** Kimberly Wilson, T.C. Williams High School, Alexandria City Public Schools
Session #4
9:00 a.m. to 10:00 a.m.
Pocahontas

Session Title: Kitchen Design for Today’s Families

Session Description: Last year, Virginia Tech’s Center for Real Life Kitchen Design was renovated based on student designs for a universal design kitchen and a multifamily sustainable kitchen. The spaces were planned with collaboration from appliance, cabinet, and other manufacturers and businesses. Presenters will highlight the features of the spaces including work areas, storage, appliances, lighting and materials.

Career Cluster Represented:

Career Cluster Represented:

Presenters: Julia Beamish, Chair, Department of Apparel, Housing, and Resource Management, Virginia Tech; Kathleen Parrott, Professor, Department of Apparel, Housing, and Resource Management; and Margaret Carneal, Instructor, Department of Apparel, Housing, and Resource Management

Facilitator: Mary W. Wise, Buckingham CTE Resource Center, Buckingham County Public Schools

Session #5
9:00 a.m. to 10:00 a.m.
Shenandoah A

Session Title: Time to Teach

Session Description: This classroom management session provides strategies you can use in your classroom. Would you like to reduce problem behavior and increase instruction time? If so, join us for the Time to Teach session.

Career Cluster Represented:

Career Cluster Represented:

Presenter: Tara Aycock, Education Consultant, Time to Teach

Facilitator: Margaret Horton, Caroline High School, Caroline County Public Schools

Session #6
9:00 a.m. to 10:00 a.m.
Shenandoah B

Session Title: Give Your Students a Culinary Career Headstart!

Session Description: Explore postsecondary hospitality and tourism pathways, including articulation agreements with postsecondary institutions. Learn how to implement the ProStart curriculum to give your students a culinary career headstart! The recent updates in the new ProStart curriculum and instructional resources will be shared during this session.

Career Cluster Represented:

Career Cluster Represented:

Presenter: Jim Wilson, Director, Education and Workforce Development, Virginia Restaurant • Lodging • Travel Association

Facilitator: Katelyn Gozzard, Greene County Technical Education Center, Greene County Public Schools
Session #7
10:15 a.m. to 11:15 a.m.  
**Roanoke E and F**

**Session Title:** Life in the FACS Lane  
**Session Description:** Join us for a ride on the information highway to explore new apps for the family and consumer sciences classroom! Participants will learn about apps including Google Classroom, Google Docs, PEAR Deck, Prezi, Kahoot, GoFormative, and Socrative.

**Career Clusters Represented:**  
- **Arts, A/V Technology & Communications**  
- **Education & Training**

**Presenter:** Tanesha Koonce, Bayside High School, Virginia Beach City Public Schools

**Facilitator:** Trista Mason, Mount Vernon High School, Fairfax County Public Schools

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Session #8
10:15 a.m. to 11:15 a.m.  
**Roanoke G and H**

**Session Title:** Opportunities within Virginia’s Food System from Farm-to-School, Local Foods, and Entrepreneurship  
**Session Description:** The session will feature an overview of Virginia’s food system and emerging opportunities for family consumer science professionals including farm-to-school, local food procurement, infrastructure and business development, and entrepreneurial enterprises.

**Career Clusters Represented:**  
- **Hospitality & Tourism**  
- **Human Services**

**Presenter:** Megan Dunford, Extension Program Coordinator, Community Viability, Virginia Tech Cooperative Extension

**Facilitator:** Sandra Hawk, Buckingham CTE Resource Center, Buckingham County Public Schools

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Session #9
10:15 a.m. to 11:15 a.m.  
**Pocahontas**

**Session Title:** Kitchen Design for Today’s Families  
**Session Description:** Last year, Virginia Tech’s Center for Real Life Kitchen Design was renovated based on student designs for a universal design kitchen and a multifamily sustainable kitchen. The spaces were planned with collaboration from appliance, cabinet, and other manufacturers and businesses. Presenters will highlight the features of the spaces including work areas, storage, appliances, lighting and materials.

**Career Cluster Represented:**  
- **Arts, A/V Technology & Communications**

**Presenters:** Julia Beamish, PhD, Chair, Department of Apparel, Housing, and Resource Management, Virginia Tech; Kathleen Parrott, PhD, Professor, Department of Apparel, Housing, and Resource Management, Virginia Tech; and Margaret Carneal, PhD, Instructor, Department of Apparel, Housing, and Resource Management, Virginia Tech

**Facilitator:** Regina Morrone, FACS Program Manager, Fairfax County Public Schools
Session #10
10:15 a.m. to 11:15 a.m.
Shenandoah A

Session Title: Time to Teach

Session Description: This classroom management session provides strategies you can use in your classroom. Would you like to reduce problem behavior and increase instruction time? If so, join us for the *Time to Teach* session.

Career Cluster Represented:

Presenter: Tara Aycock, Education Consultant, *Time to Teach*
Facilitator: Debbie Agee, J. R. Tucker High School, Henrico County Public Schools

Session #11
10:15 a.m. to 11:15 a.m.
Shenandoah B

Session Title: ServSafe Boot Camp

Session Description: This session will focus on the importance of ServSafe training for the culinary and hospitality industry. Participants will explore the changes in the 7th Edition of ServSafe as well as the online instructional resources that are available to prepare students for ServSafe certification.

Career Cluster Represented:

Presenter: Jim Wilson, Director, Education and Workforce Development, Virginia Restaurant • Lodging • Travel Association
Facilitator: Karen Roberts, Woodrow Wilson High School, Portsmouth City Public Schools

Session #12
10:15 a.m. to 11:15 a.m.
Buck Mountain

Session Title: Support=Success! Strategies to Support Students with Autism in CTE

Session Description: This session will focus on supporting students on the autism spectrum in career and technical education coursework. Particular focus will be placed on an overview of characteristics of students on the autism spectrum, and strategies to support students in CTE programming. We will focus on how to maximize the resources available to CTE teachers as they instruct students on the autism spectrum including the use of instructional assistants to increase student success and independence.

Career Cluster Represented:

Presenters: Kendel St. John, Transition Training Associate, VCU Center on Transition Innovations and Lisa Holland, Transition Training Associate VCU Center on Transition Innovations
Facilitator: Karen M. Simmons, Ocean Lakes High School, Virginia Beach City Public Schools
Session #13 General Session
11:30 a.m. to 1:30 p.m.
*Roanoke Ballroom C and D*

**Session Title:** Luncheon Session  
**Presentation Title:** Design Thinking  
**Keynote Speaker:** Farrell Doss, PhD, Professor, Radford University  
**Session Description:** Flipping the classroom is a popular teaching technique used in many educational settings. However, this technique is focused primarily on the learner, the student. Why not flip the process and see how we can improve our teaching effectiveness. By examining our individual pedagogies, Professor Doss will explore how the design process can empower us to be more agile and effective in the classroom.

*Career Clusters Represented:* Arts, A/V Technology & Communications, Education & Training  
*Facilitators:* Diane Breinig, Briar Woods High School, Loudoun County Public Schools; Susan Gonzalez, Forest Park High School, Prince William County Public Schools; Katelyn Gozzard, Greene County Technical Education Center, Greene County Public Schools; and Nancy Jones, Forest Park High School, Prince William County Public Schools

Session #14  
1:45 p.m. to 3:15 p.m.  
*Roanoke E and F*

**Session Title:** Fostering a Whole-Community Approach to Emotional and Mental Well-Being  
**Session Description:** Join author, Diana Ketterman, to learn how to use a whole-community approach to support emotional and mental well-being. Ms. Ketterman is the author of *A Child of Royalty* and the *Making Sense of Me* curriculum. She will share strategies for helping students build resiliency and information about mental health awareness for educators.

*Career Cluster Represented:* Education & Training  
**Presenter:** Diana Ketterman, Mental Health Educator, Author, and Speaker, Mastering Mental Health  
**Facilitator:** Karen Roberts, Woodrow Wilson High School, Portsmouth County Public Schools
Session #15
1:45 p.m. to 3:15 p.m.
Roanoke G and H

Session Title: Excellence in Children’s Early Language and Literacy (ExCELL): A Promising School, Family, and Community Focused Model for Early Literacy Success

Session Description: Children’s early literacy success is dependent on both what they know when they enter school and on what their families know about how to support their development. The VCU ExCELL program strengthens family-school connections, promotes increased awareness of critical early literacy skills and shares specific home literacy activities linked to classroom curriculum. ExCELL families grow more confident in their roles as teachers and models for early literacy learning. Time will be allotted for hands-on exploration of presentation materials and opportunities for discussion to turn ideas into action.

Career Clusters Represented:

Career Cluster: Education & Training
Career Cluster: Human Services

Presenter: Cynthia W Hutchinson, EdS, Program Director, Excellence in Children’s Early Language and Literacy (ExCELL), Virginia Commonwealth University
Facilitator: Elizabeth Christensen, MEd, RDN, Osbourn Park High School, Prince William County Public Schools

Session #16
1:45 p.m. to 3:15 p.m.
Pocahontas

Session Title: Bagging It! Using Service Learning to Teach Basic Fashion Design Skills

Session Description: Freshman students in the fashion design program at Radford University were partnered with pre-school students in the community to create bags for the preschoolers. This assignment was used to promote service learning, teach basic sewing construction skills, teach basic pattern drafting skills, enhance 2d/3d design awareness, introduce target marketing skills, and reinforce basic mathematic skills. Participate in this session to learn how this service learning project can be implemented in your classroom to enhance teaching, learning, and caring!

Career Cluster: Arts, A/V Technology & Communications

Presenters: Kathy Mitchell, PhD, Professor, Radford University and Farrell Doss, PhD, Professor, Radford University
Facilitator: Mary W. Wise, Buckingham CTE Resource Center, Buckingham County Public Schools

Session #17
1:45 p.m. to 3:15 p.m.
Shenandoah B

Session Title: Processing, Preservation, and Packaging, Oh My!

Session Description: You don’t need to be a wizard to describe the impact of technology and the various procedures utilized in the food industry. Have the brains to examine the principles, the courage to explore history and trends that affect food choices, and the heart to want to share with your students. There will be no place like your classroom for implementing new ideas!

Career Cluster: Hospitality & Tourism

Presenter: Susan Turgeson, EdD, CFCS, Assistant Professor, University of Wisconsin – Stevens Point
Facilitator: Sandra Hawk, Buckingham County Career and Technical Center, Buckingham County Public Schools
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<tr>
<th>Session #18</th>
<th>1:45 p.m. to 3:15 p.m.</th>
<th>Session Title: Support=Success! Strategies to Support Students with Autism in CTE</th>
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<td><strong>Facilitator:</strong> Leslie Barbour, Gar-Field High School, Prince William County Public Schools</td>
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<tr>
<th>Session #19</th>
<th>1:45 p.m. to 5:00 p.m.</th>
<th>Session Title: Life After High School: Navigating Career, Education, and Debt</th>
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<tr>
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<td><strong>Shenandoah A</strong></td>
<td><strong>Session Description:</strong> Today’s high school student faces life-changing decisions. The first is whether or not to pursue a college degree. In 2016, the average college graduate will hold $37,000 in loans. This teaching unit covers topics students need to understand about education, career, and debt which will impact them for many years.</td>
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<td><strong>Career Cluster Represented:</strong> Finance</td>
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<td><strong>Presenter:</strong> Rebecca Booth, Director of the Center for Economic Education, Lynchburg College</td>
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<td><strong>Facilitator:</strong> Regina Morrone, FACS Program Manager, Fairfax County Public Schools</td>
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<tr>
<th>Session #20</th>
<th>3:30 p.m. to 5:00 p.m.</th>
<th>Session Title: Your School’s Approach to Discipline: How Well is it Working for You?</th>
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<td></td>
<td><strong>Roanoke E and F</strong></td>
<td><strong>Session Description:</strong> It’s time to rethink school discipline! Learn how to implement classroom management techniques that reduce most of the day-to-day interruptions and have students engaged in learning.</td>
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<td><strong>Career Cluster Represented:</strong> Education &amp; Training</td>
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<td><strong>Presenter:</strong> Candice Bowes, MEd, Facilitate Learning K-12, LLC</td>
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<td><strong>Facilitator:</strong> Margaret Horton, Caroline High School, Caroline County Public Schools</td>
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Session #21
3:30 p.m. to 5:00 p.m.
Roanoke G and H

Session Title: Family Wellness Initiative: Collaborative Model
Session Description: Review Roanoke’s collaborative model of a Family Wellness Initiative (FWI) program. Classes are interactive and social media is used to connect participants to community resources and support parents and their children as they move to strengthen family structure. The model consists of partner referrals and pre-planning; parenting classes with a focus on health and wellness; and the hands-on parent education coaching.

Career Cluster Represented:
Human Services

Presenters: Lynn McDowell, Director, Prevention and Wellness, Blue Ridge Behavioral Healthcare and Odette Iferika, Coordinator, Family Wellness Initiative, Blue Ridge Behavioral Healthcare
Facilitator: Debbie Agee, J. R. Tucker High School, Henrico County Public Schools

Session #22
3:30 p.m. to 5:00 p.m.
Pocahontas

Session Title: Bagging It! Using Community Outreach to Teach Basic Fashion Design Skills
Session Description: Freshman students in the fashion design program at Radford University were partnered with pre-school students in the community to create bags for the preschoolers. This assignment was used to promote service learning, teach basic sewing construction skills, teach basic pattern drafting skills, enhance 2d/3d design awareness, introduce target marketing skills, and reinforce basic mathematic skills. Participate in this session to learn how this service learning project can be implemented in your classroom to enhance teaching, learning, and caring!

Career Cluster Represented:
Arts, A/V Technology & Communications

Presenters: Kathy Mitchell, PhD, Professor, Radford University and Farrell Doss, PhD, Professor, Radford University
Facilitator: Elaine E. Lombardi, Renaissance Academy, Virginia Beach City Public Schools

Session #23
3:30 p.m. to 5:00 p.m.
Shenandoah B

Session Title: Food Science Essentials - Nutrients, That Is
Session Description: Check out experiments and activities that you can include in your food science curriculum to address the six essential nutrients (carbohydrates, protein, fat, vitamins, minerals and water).

Career Clusters Represented:
Hospitality & Tourism, Human Services

Presenter: Susan Turgeson, EdD, CFCS, Assistant Professor, University of Wisconsin – Stevens Point
Facilitator: Karen M. Simmons, Ocean Lakes High School, Virginia Beach City Public Schools
Session #24
3:30 p.m. to 5:00 p.m.
Buck Mountain

Session Title: Spotlight Your FACS and FCCLA Programs
Session Description: Regardless of your teaching assignments, style of teaching and advising or setting it is imperative to have good management skills. Presenters will present ways to sharpen your public relation techniques, improve technology delivery, and market FACS/FCCLA programs.

Career Clusters Represented:
Education & Training
Human Services

Presenters: Virginia FCCLA Chapter Advisers and Virginia FCCLA Officers
Facilitator: Kathleen Buchanan, Virginia FCCLA Membership and Adviser Development Coordinator

Session #25
5:10 p.m. to 5:50 p.m.
Roanoke E and F

Session Title: Information Session for VATFACS 2017 Award Recipients
Session Description: This session is for the 2017 VATFACS award recipients only. The award recipients will view a demonstration on how to access the registration portal that allows them to submit the required information necessary to participate in advanced levels of recognition.

Presenter: Trista Mason, Mt. Vernon High School, Fairfax County Public Schools

Session #26
5:10 p.m. to 6:00 p.m.
Shenandoah A

Session Title: VDOE Update for Local FACS Administrators
Session Description: This session will provide current VDOE updates for local family and consumer sciences administrators.

Presenter: Helen G. Fuqua, State Specialist, Family and Consumer Sciences Education and Related Clusters, Virginia Department of Education
Facilitator: Regina Morrone, Family and Consumer Sciences Program Manager, Fairfax County Public Schools
Session #27
8:00 p.m. to 9:00 p.m.
North Entry Foyer

Session Title: FACS Treasure Hunt
Session Description: Get your exercise while participating in a FACS Treasure Hunt!

Facilitator: Pat Stello, Retired, Spotsylvania County Public Schools

Session #28
6:00 a.m. to 6:45 a.m.
North Entry Courtyard
Shenandoah Foyer (rain location)

Session Title: ZUMBA for Health and Fitness!
Session Description: Teachers are role models for their students and will learn that it means including some type of daily exercise in their life. Zumba, the dance-to-fitness Hispanic-inspired, group exercise craze that started in South America and has worked its way all across the globe is the most fun way to being fit - teachers will learn how to do it and see how it energizes. Teachers will learn how to burn calories first thing in the morning by doing Zumba.

Presenter: Leah Marer Wiley, Licensed Zumba and Fitness Instructor, Owner, Muevela Fitness & Dance
Facilitator: Pat Stello, Retired, Spotsylvania County Public Schools

7:00 a.m. to 11:30 a.m.
Registration
North Entry Foyer

Session #29 General Session
7:00 a.m. to 8:00 a.m.
Roanoke Ballroom C and D

Session Title: Breakfast
**Session #30 General Session**  
7:00 a.m. to 7:25 a.m.  
*Roanoke Ballroom C and D*  

**Session Title:** Eggs Ole’ - The Lean and Healthy Way!  
**Session Description:** Mary will demonstrate four Hispanic-inspired recipes, prepared in a leaner way: fewer carbs and calories; less fat; more fiber; but still super tasty and so easy. All recipes recognize the 55 million Americans with Hispanic heritage - celebrating their cuisine which has become a mainstay in our society.  

**Sponsor:** The Virginia Egg Council - The eggs served this morning are compliments of the Virginia Egg Council.

**Career Clusters Represented:**  
- Hospitality & Tourism  
- Human Services

**Presenter:** Mary Rapoport, CFCS, Consumer Affairs Director, Virginia Egg Council  
**Facilitators:** Karen Roberts, Woodrow Wilson High School, Portsmouth City Public Schools and Teresa A. Jackson, Thomas Harrison Middle School, Harrisonburg City Public Schools

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**VATFACS Annual Business Meeting**  
7:30 a.m. to 8:15 a.m.  
*Roanoke Ballroom C and D*  

**Session Description:** The purpose of this session is to conduct the annual meeting for the Virginia Association for Teachers of Family & Consumer Sciences, Inc. (VATFACS).

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**Session #31 General Session**  
8:15 a.m. to 9:00 a.m.  
*Roanoke Ballroom C and D*  

**Session Title:** Virginia Department of Education (VDOE) Update  
**Session Description:** This session provides current information regarding Virginia’s family and consumer sciences curriculum and policies impacting programs. All institute attendees should attend this session.

**Career Clusters Represented:**  
- Education & Training  
- Human Services

**Presenter:** Helen G. Fuqua, State Specialist, Family and Consumer Sciences Education and Related Clusters, Virginia Department of Education  
**Facilitators:** Trista Mason, Mount Vernon High School, Fairfax County Public Schools and Margaret Horton, Caroline County High School, Caroline County Public Schools
Session #32 General Session
9:15 a.m. to 11:15 a.m.
Roanoke A and B

Session Title: Grand Carousel and Curriculum Showcase/ FACS Infusion

Session Description: The Grand Carousel and Curriculum Showcase is merging with Pop N’ Share this year as it transitions to incorporating recommendations made by participants to include more opportunities for teachers to network and share in a more informal setting. This year the focus is on the infusion of best practices, including but not limited to, strategies, resources, activities and lesson plan sharing in a more relaxed environment.

Sponsor: Virginia Association for Teachers of Family and Consumer Sciences

Career Cluster Represented:
- Education & Training
- Human Services

Facilitator: Regina Morrone, Family and Consumer Sciences Program Manager, Fairfax County Public Schools

Session #33
9:15 a.m. to 10:15 a.m.
Shenandoah B

Session Title: Hospitality & Tourism: Careers

Session Description: This session will focus on hospitality industry career pathways and how best to prepare your students for these careers.

Career Cluster Represented:
- Hospitality & Tourism

Presenter: Jim Wilson, Director, Education and Workforce Development, Virginia Restaurant • Lodging • Travel Association

Facilitator: LaRhonda Mason, FACS Specialist, Henrico County Public Schools
Session #34
9:15 a.m. to 10:15 a.m.
Buck Mountain

Session Title: Full STEAM Ahead: Using Pre-PAC to Power Your FCS Program

Session Description: FCS programs continue to be faced with the challenges of validating their effectiveness to develop college and career ready students and ensuring the rigor and relevance of academic and technical skills. Attend the session to learn more about how the program aligns with STEAM and how the results and data can be maximized for advocacy at the local, state and national levels. Don’t miss this opportunity to harness the power of Pre-PAC and bolster your program to thrive in times of change and transition!

Career Cluster Represented:

Career Cluster: Education & Training

Presenter: Lori A. Myers, PhD, CFCS, Director, Pre-PAC, American Association of Family and Consumer Sciences
Facilitator: Trista Mason, Mount Vernon High School, Fairfax County Public Schools

Session #35
9:15 a.m. to 10:45 a.m.
Roanoke E and F

Session Title: Mindful Education

Session Description: Teaching is stressful. From the stresses of duty to the larger stresses of school violence, educators are under pressure. Many outstanding teachers leave the profession within their first five years. Those that remain in teaching can easily become burnt out. Mindfulness is a free, easy, and secular approach to managing stress that is scientifically validated. In this session, Scholl will discuss the basics of mindfulness and why it should be included in every teacher’s toolbox.

Career Clusters Represented:

Career Cluster: Education & Training, Human Services

Presenter: Todd Scholl, Coordinator of Communications and Technology, CERRA - South Carolina
Facilitator: Kimberly Wilson, T. C. Williams High School, Alexandria City Public Schools

Session #36
9:15 a.m. to 10:45 a.m.
Shenandoah A

Session Title: Cybersecurity in FACS

Session Description: In this session, we will discuss the development of Cybersecurity Career Pathway Courses, from the Cybersecurity Fundamentals course developed in 2016-2017 to the Cybersecurity in Family and Work Life course to be developed in the fall of 2017.

Career Cluster Represented:

Career Cluster: Education & Training

Presenter: Robin A. Jedlicka, Writer/Editor, CTE Resource Center
Facilitator: Karen Roberts, Woodrow Wilson High School, Portsmouth City Public Schools
Session #37 General Session
11:30 a.m. to 1:30 p.m.
Roanoke Ballroom C and D

Session Title: Awards and Scholarship Luncheon
Presentation Title: Leadership Possibilities for YOUth

Keynote Speaker: Sandy Spavone, Executive Director, Family, Career and Community Leaders of America (FCCLA)

Presentation Description: Leadership for you and your students through FCCLA. Learn about opportunities for student development through FCCLA. Learn about leadership opportunities for FCS educators.

Career Cluster Represented:
Education & Training

Facilitators: William Brondos, VP of Parliamentary Law, Virginia FCCLA; Maddie Comer, National FCCLA Vice President of Parliamentary Law; Kaitlyn Lam, VP of Membership, Virginia FCCLA; Hanna Musick, VP of Competitive Events, Virginia FCCLA; and Kennedy Strickler, Virginia State President, Virginia FCCLA

Awards Luncheon Sponsor: Johnson and Wales University

Session #38
1:45 p.m. to 3:15 p.m.
Roanoke E and F

Session Title: Promoting Real Life Skills through Digital Learning

Session Description: EverFi is a leading provider of educational software that seeks to provide teachers and students with free access to digital modules that reinforce career and life skills. EverFi's resources FutureSmart, Healthy Relationships, and Venture provide family and consumer sciences teachers new ways to reinforce entrepreneurship, workplace readiness, and financial literacy skills in their classes. Join us to learn more about our newest resources and how they can help you meet your competencies throughout your family and consumer sciences curriculum. Middle school teachers are encouraged to attend this session.

Career Clusters Represented:
Education & Training

Presenters: Eric Johnson, Senior Schools Manager, Virginia, EverFi, Inc. and Brooke Yoder, Everfi, Inc.

Facilitator: Patricia Stello, Retired, Spotsylvania County Public Schools

Session #39
1:45 p.m. to 3:15 p.m.
Roanoke G and H

Session Title: Healthy Eating and Physical Activity for Early Education

Session Description: Teachers and Administrators will learn about best practices for nutrition and physical activity when placing students in early education centers. They will receive information on Virginia Cooperative Extension and SNAP Ed Resources, Go NAP SACC guidelines, and an overview of FREE nutrition, gardening, and active play curricula.

Career Clusters Represented:
Education & Training

Presenters: Rebecca Wilder, SNAP-ED Agent, Virginia Cooperative Extension and Family Nutrition Program and Tonya Pickett, SNAP-ED Agent, Virginia Cooperative Extension and Family Nutrition Program

Facilitator: Elizabeth Christensen, MEd, RDN, Osbourn Park High School, Prince William County Public Schools
VATFACS Outstanding Teacher of the Year

Eligibility: Applicant must be currently employed as full-time FACS classroom teacher other than at the baccalaureate level. Candidate must be a member of VATFACS. In addition to the items listed below for advancement to regional and national levels, candidates should demonstrate active involvement with the Career and Technical Student Organization, FCCLA, to be competitive at the state level.

For advancement to regional and national levels:
- Candidate is to be a classroom teacher.
- Contributions and achievements on which the nomination is based should be made within the past 10 years.
- Involvement in Association for Career and Technical Education activities at the regional and/or national level.
- A member of ACTE and VACTE for the past five consecutive years.
- Recognition by persons outside of FACS will make the candidate more competitive at the regional and national level.
- Contributions to education outside of FACS on state and national levels will be highly competitive on the national level.
- Contributions to civic and philanthropic causes also provide a competitive edge on the national level competition.

VATFACS Outstanding New Teacher

Eligibility: Individuals who are currently employed as full-time classroom teachers in the FACS program other than at the baccalaureate level are eligible for this award. Nominees must have taught for a minimum of three, but not more than five, years and must be new to the teaching profession, not just new to career and technical education. Applicants may be in their sixth year of teaching at the time of application. The nominee should also have been involved in Association for Career and Technical Education activities at the local and/or state level and must have been a member of ACTE and the VACTE for at least the past three consecutive years.

VATFACS Outstanding Teacher in Community Service

Eligibility: Individual members who are currently employed as full-time family and consumer science classroom teachers are eligible recipients for this award. Nominee must still be a classroom teacher at the time of award presentation. Contributions and achievements on which the nomination is based should be made within the past five years. The nominee also should have been involved in Association for Career and Technical Education activities at the state, regional and/or national level and must have been a member of both ACTE and VACTE for at least the past three consecutive years.

Deadline: Application materials for award are to be submitted electronically by April 15 to the Vice-President. Note to Award Recipients, all materials needed for the regional awards consideration must be submitted by the posted deadline for Region II. Information can be found on the ACTE website.
Session #40
1:45 p.m. to 3:15 p.m.
*Pocahontas*

**Session Title:** Forming Alliances with Community Supporters

**Session Description:** Are you thinking of ways to build community support? This workshop will focus on how to collaborate with community organizations and form alliances to enhance family and consumer sciences programs.

**Career Cluster Represented:**

- Human Services

**Presenter:** Karen L Roberts, Woodrow Wilson High School, Portsmouth Public Schools

**Facilitator:** Helena Dunham, Churchland High School, Portsmouth City Public Schools

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Session #41
1:45 p.m. to 3:15 p.m.
*Shenandoah A*

**Session Title:** Food Science...An Old but New Subject!

**Session Description:** Wherever you are, wherever you live, wherever you teach...you eat! Few things impact the quality of your life like the food choices you make each day. Join this hands-on session for resources that can help your students understand the relationship between science and the foods they eat.

**Career Clusters Represented:**

- Human Services
- Hospitality & Tourism

**Presenter:** Karen McDowell, Educational Consultant, Goodheart-Wilcox Publisher

**Facilitator:** Susan Lovegrove, Gar-Field High School, Prince William County Public Schools

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Session #42
1:45 p.m. to 3:15 p.m.
*Shenandoah B*

**Session Title:** The Science of Sourdough - Spontaneous Leavening in the Classroom

**Session Description:** This session will explore introductory bread making science with an emphasis on spontaneously leavened sourdough bread. Topics will include the 12 steps of yeast dough production, yeast and fermentation, autolyse, enzyme activity, gluten formation, how to lead students in creating custom sourdough cultures, and fitting artisan bread-making into your class schedule. Prior knowledge of basic yeast bread production is beneficial.

**Career Cluster Represented:**

- Hospitality & Tourism

**Presenter:** Chef David Miller, Culinary Institute of Virginia

**Facilitator:** Alice E. Buehler, First Colonial High School, Virginia Beach City Public Schools
Session #43
1:45 p.m. to 3:15 p.m.
Buck Mountain

Session Title: Create an Engaging FCCLA Meeting
Session Description: The state FCCLA officers and advisors will share resources and strategies that will help you create an engaging FCCLA meeting.

Career Cluster Represented:

Presenters: Sandy Spavone, Executive Director, Family, Career, and Community Leaders of America (FCCLA), Virginia FCCLA Chapter Advisers and Virginia State FCCLA Officers
Facilitator: Kathleen Buchanan, Virginia FCCLA, Membership and Adviser Development Coordinator

Session #44
3:30 p.m. to 5:00 p.m.
Roanoke E and F

Session Title: Turn Your Vision into Reality
Session Description: Need some inspiration? This is your session. First we will create a vision by identifying and clarifying one goal for each participant. We will then clearly define the steps needed to convert that vision to reality and develop the mindset needed to stay motivated.

Career Cluster Represented:

Presenter: Todd Scholl, Coordinator of Communications and Technology, CERRA - South Carolina
Facilitator: Kimberly Wilson, T. C. Williams High School, Alexandria City Public Schools

Session #45
3:30 p.m. to 5:00 p.m.
Roanoke G and H

Session Title: Food and Nutrition Programming for Teens (Middle and High School)
Session Description: Through the Teen Cuisine Curriculum, participants will learn how to help teens become self-sufficient in the kitchen and teach healthy habits that will last a lifetime. Learning experiences include nutrition, food preparation, and food safety. Teen Cuisine can be a stepping stone for the Food Challenge and Healthy Living Ambassadors programs. During the Food Challenge Program, teams compete to create a dish using only predetermined ingredients to exhibit their knowledge and skills. The Healthy Living Ambassadors program uses a student coalition model to engage teens in service-learning activities that promote the health and well-being of their school community.

Career Cluster Represented:

Presenters: Rebecca Wilder, SNAP-ED Agent, Virginia Cooperative Extension and Family Nutrition Program and Tonya Pickett, SNAP-ED Agent, Virginia Cooperative Extension and Family Nutrition Program
Facilitator: Trista Mason, Mount Vernon High School, Fairfax County Public Schools
Session #46
3:30 p.m. to 5:00 p.m.

Pocahontas

Session Title: Preparing your Early Childhood Education Students for Real Childcare Careers

Session Description: In this session, participants will receive resources for linking career skills to their RealCare baby program. Strategies for engaging students in the real life experience of caring for a baby from the perspective of early childhood education careers will be presented during this session.

Career Clusters Represented:
- Education & Training
- Human Services

Presenter: Diane Ross, Senior Field Account Manager, Realityworks
Facilitator: Karen M. Simmons, Ocean Lakes High School, Virginia Beach City Public Schools

Session #47
3:30 p.m. to 5:00 p.m.

Shenandoah A

Session Title: Utilizing iCEV in Today's FCS Classroom

Session Description: An iCEV Coach will share methods for incorporating iCEV's online curriculum platform into your family and consumer sciences classroom. New upgrades to iCEV's Fashion Design curriculum and the AMSA Food Safety and Science Certification. The iCEV Coach will demonstrate how to use technology and the online curriculum, identify implementation methods of interactive resources, and identify how students can obtain industry certifications.

Career Clusters Represented:
- Arts, A/V Technology & Communications
- Education & Training
- Hospitality & Tourism
- Human Services

Presenter: Jay Terrell, CT Curriculum Consultant, CEV Multimedia
Facilitator: Tammy Cassell, Rye Cove High School, Scott County Public Schools

Session #48
3:30 p.m. to 5:00 p.m.

Shenandoah B

Session Title: Food Science "FUN"damentals

Session Description: How can you motivate your students to learn food science principles? Engage your learners in hands-on activities that will leave them wanting more! Get some strategies and resources to teach the “FUN”damentals of measurement, molecules, methods, and more.

Career Clusters Represented:
- Hospitality & Tourism
- Human Services

Presenter: Susan Turgeson, EdD, CFCS, Assistant Professor, University of Wisconsin – Stevens Point
Facilitator: Teresa Jackson, Thomas Harrison Middle School, Harrisonburg City Public Schools
Session #49
3:30 p.m. to 5:00 p.m.
Buck Mountain

Session Title: Swimming Upstream? Become the “King” of the Sea – Say YES to FCS

Session Description: Being an FCS teacher can be compared to the life of a salmon! As they swim upstream, they encounter predators, strong currents, and total exhaustion. Have you found yourself feeling like the salmon in your daily life to juggle your responsibilities and advocate for the FCS profession? In this session, learn how FCS resembles the life of this strong and unique fish and get re-energized to become a “king” salmon who can survive and thrive in these challenging times and encourage others to Say YES to FCS!

Career Cluster Represented:

Presenter: Lori A. Myers, PhD, CFCS, Director, Pre-PAC, American Association of Family and Consumer Sciences
Facilitator: Sylvia Mullen, Richmond Technical Center, Richmond Public Schools

Session #50
5:00 p.m. to 8:00 p.m.
Blue Ridge Boardroom

Session Title: VATFACS Board of Directors Dinner and Meeting

Wednesday, August 2

Session #51 General Session
7:00 a.m. to 8:00 a.m.
Roanoke Ballroom C and D

Session Title: Breakfast: “Family Talk” Communication Cards

Session Description: Participants will model prompting methods that educate students in the art of conversation by utilizing “Family Talk” communication card sets.

Career Cluster Represented:

Presenter: Regina Morrone, Fairfax County Public Schools
Facilitators: Debbie Agee, J. R. Tucker High School, Henrico County Public Schools and Kimberly Wilson, T.C. Williams High School, Alexandria City Public Schools
Session #52
8:00 a.m. to 11:15 a.m.
Shenandoah A

Session Title: Cybersecurity

Session Description: From personal security monitoring services to cell-based credit checks, the ability for individuals to test the strength of their personal cyber security vulnerabilities is becoming easier and easier. Even so, AARP reports that one of the most common areas that individuals waive their personal securities is in their use of unsecured, public WiFi. During this session, the National Integrated Cyber Education Research Center (NICERC), the academic division of the Cyber Innovation Center, through a project driven approach, will guide teachers through the opportunities, threats, responsibilities and legal constraints associated with operating in cyberspace. Teachers will receive free, cyber curricula that can be integrated into the classroom.

Career Clusters Represented:

Presenter: Kevin Nolten, Director of Academic Outreach, Cyber Innovation Center
Facilitator: Nancy Jones, Forest Park High School, Prince William County Public Schools

Session #53
8:00 a.m. to 9:30 a.m.
Roanoke E and F

Session Title: Assessing for Success in Family and Consumer Sciences

Session Description: The session will examine 21st century learning and workplace readiness skills. Additionally, the session will explore how teachers can utilize active engagement to assess students’ learning.

Career Cluster Represented:

Presenter: Alice F. Joyner, PhD, Chair, Family & Consumer Sciences Department, Virginia State University
Facilitator: LaRhonda Mason, FACS Specialist, Henrico County Public Schools

Session #54
8:00 a.m. to 9:30 a.m.
Roanoke G and H

Session Title: Advanced Web Design

Session Description: This session is designed for those who have a simple Weebly website and want to learn how to take it to the next level. We will take a look at a variety of third party applications that will allow you to add accordions, calendars, forms, team cards, testimonials, and more. We will also discuss some guidelines for improving your site’s aesthetics.

Career Clusters Represented:

Presenter: Todd Scholl, Coordinator of Communications and Technology, CERRA - South Carolina
Facilitator: Karen Roberts, Woodrow Wilson High School, Portsmouth City Public Schools
Session #55
8:00 a.m. to 9:30 a.m.
*Pocahontas*

**Session Title:** Licensing 101

**Session Description:** This session will introduce the VDSS Division of Licensing - Children's Programs and the Standards related to child day programs. All Early Childhood, Education, and Services teachers should attend this session.

**Career Clusters Represented:**

- Education & Training
- Human Services

**Presenter:** Victoria Dawson, Licensing Inspector, VDSS Division of Licensing - Children's Programs, Virginia Department of Social Services

**Facilitator:** Kimberly Wilson, T. C. Williams High School, Alexandria City Public Schools

Session #56
8:00 a.m. to 9:30 a.m.
*Shenandoah B*

**Session Title:** Fuel Up to Play 60 - Are You In?

**Session Description:** Fuel Up to Play 60 is an in-school nutrition and physical activity program launched by National Dairy Council and NFL, in collaboration with the USDA, to help encourage today's youth to lead healthier lives. Learn how to implement this student led effort at your school.

**Career Clusters Represented:**

- Human Services

**Presenters:** Kristin Brittle, Senior Manager of School Health & Wellness, Southeast Dairy Association and Jill Henderson, Assistant Manager of School Health and Wellness, Southeast Dairy Association

**Facilitator:** Katelyn Gozzard, Greene County Technical Education Center, Greene County Public Schools

Session #57
8:00 a.m. to 9:30 a.m.
*Buck Mountain*

**Session Title:** Flipped Classroom: Enhancing the Apparel Product Development Simulation Project

**Session Description:** In this session participants will explore the use of the Flipped Classroom method to facilitate the Apparel Product Development Simulation project. Traditional teaching methods often limit the creativity of students and limits meaningful teamwork. This workshop will share background on Flipped classroom and the endless possibilities to achieve "real world experiences" for Textiles, Apparel, and Merchandise Management students. Key topics included, background on Flipped Classroom, balance of class/studio time, teamwork, and team/individual assessment.

**Career Clusters Represented:**

- Arts, A/V Technology & Communications
- Education & Training

**Presenters:** Dana Leggette-Traylor, DBA, Program Coordinator/Assistant Professor, Textile, Apparel, and Merchandising Management, Virginia State University

**Facilitators:** William Brondos, Vice President of Parliamentary Law, Virginia FCCLA and Kaitlyn Lam, Vice President of Membership, Virginia FCCLA
Session #58  
8:15 a.m. to 9:15 a.m.  
Roanoke Higher Education Center, Room 202  

Session Title: AAFCS Broad Field FACS Assessment  
Session A (for registered participants only)  

Session Description: Virginia has received approval from AAFCS to administer the Broad Field Family and Consumer Sciences assessment to family and consumer sciences teachers annually at the VATFACS Professional Development Institute.  

Note: Participants may pick up certificates immediately following the assigned testing session at Roanoke Higher Education Center, Room 202. Further instructions may be provided during the session.

Career Cluster Represented:  
Education & Training  

Special Note: If you are scheduled for the AAFCS assessment, you must check-in at the VATFACS registration desk at The Hotel Roanoke and Conference Center. You will receive your testing ID #, directions to the Higher Education Center, and special information pertinent to this assessment at registration. You will not be allowed into the testing site without your assigned ID #. This assessment will be administered at the Higher Education Center.  

AAFCS Assessment Coordinator: Lori A. Myers, PhD, CFCS, Director, Pre-PAC, American Association of Family and Consumer Sciences

Session #59  
9:45 a.m. to 11:15 a.m.  
Roanoke E and F  

Session Title: Study Abroad as a Strategy for Career Preparation in Early Childhood Education  

Session Description: Students studying to be early education professionals are expected to be able to work effectively with children and families from various backgrounds and ethnicities. This session offers participants the opportunity to examine how a university faculty member uses study abroad to help prepare undergraduate students to be more culturally sensitive. Personal and professional skills developed while engaged in service learning activities abroad may be transferred to multi-ethnic situations in early childhood classrooms and workplaces in the U.S.

Career Cluster Represented:  
Education & Training  

Presenter: Badiyyah Waajid, PhD, Faculty, Virginia State University  
Facilitator: Kimberly Wilson, T.C. Williams High School, Alexandria City Public Schools
Session #60
9:45 a.m. to 11:15 a.m.
Roanoke G and H

Session Title: UPSTREAM: Unlimited Possibilities for STREAM in the FACS Classroom

Session Description: For years, the family and consumer sciences classroom has provided the perfect learning environment to integrate essential academic and technical knowledge and skills! Attend this session to learn how to transform your lesson plans and teaching strategies to fully maximize and market the unlimited possibilities for science, technology, relationships, engineering, arts, and math in the family and consumer sciences classroom! Get ready to make a splash and go with the flow!!

Career Clusters Represented:

Presenter: Lori A. Myers, PhD, CFCS, Director, Pre-PAC, American Association of Family and Consumer Sciences
Facilitator: Teresa Jackson, Thomas Harrison Middle School, Harrisonburg City Public Schools

Session #61
9:45 a.m. to 11:15 a.m.
Pocahontas

Session Title: Growing Your Own “Teachers for Tomorrow”

Session Description: Loudoun County Public Schools (LCPS) has a “grow your own” attitude when it comes to solving the challenge of staffing schools. Join this session to learn more about the successful partnership LCPS has with Shenandoah University (SU), and the strategies they use to capture the interests of potential teachers. Students are exposed to a world-class curriculum and hands-on experiences that focus on teaching while earning 4 undergraduate credits from SU. The commitment made by Shenandoah University does not stop with dual enrollment. The university is proud to manage the Virginia Chapter of the Teacher Cadet National Honor Society (TCNHS) and information about the honor society will be shared during this session.

Career Cluster Represented:

Presenter: Denny Keffer, Director, Education Outreach, Shenandoah University
Facilitator: Sue Smith, Retired, Hampton City Public Schools

Session #62
9:45 a.m. to 11:15 a.m.
Shenandoah B

Session Title: Food Science: It’s More Than Just Food Experiments You Can Eat

Session Description: This session will focus on an introduction to the field of food science and technology. Presenters will discuss academic preparation needed prior to a student’s college application to the Virginia Tech Food Science and Technology undergraduate program. We will include specific information about the food science major option; highlight food science careers; and the current job outlook for this field.

Career Clusters Represented:

Presenters: Melissa Chase, PhD, Consumer Food Safety Program Manager, Department of Food Science and Technology, Virginia Tech and Linda Granata, PhD, Undergraduate Program Director/Research Associate, Department of Food Science and Technology, Virginia Tech
Facilitator: Karen M. Simmons, Ocean Lakes High School, Virginia Beach City Public Schools
Session #63
9:45 a.m. to 11:15 a.m.
Buck Mountain

Session Title: FCCLA Update and National Program Tips
Session Description: Join the FCCLA staff to learn about the latest updates for FCCLA membership, national programs, resources, meetings and leadership opportunities.

Career Cluster Represented:

Presenters: Connie Rhoton, Virginia FCCLA State Specialist; Debbie Will, Virginia FCCLA State Specialist; and Kathleen Buchanan, Virginia FCCLA Membership and Adviser Development Coordinator
Facilitator: Elizabeth DeButts, Heritage High School, Loudoun County Public Schools

Session #64 General Session
11:30 a.m. to 1:30 p.m.
Roanoke Ballroom C and D

Session Title: Luncheon
Presentation Title: Oh, the Places You’ll Go with FCS!
Keynote Speaker: Susan Turgeson, EdD, CFCS, Assistant Professor, University of Wisconsin – Stevens Point
Presentation Description: College and career readiness is a hallmark of career and technical education courses and family and consumer sciences can assist students in finding more than one place to go! When Dr. Seuss wrote, “You have brains in your head you have feet in your shoes. You can steer yourself any direction you choose,” one can only imagine he would have steered youth toward FCS. Family and consumer sciences educators are in a unique position to guide students in making great choices through the various opportunities in the classroom and community.

Career Cluster Represented:

Facilitators: Leslie Barbour, Gar-Field High School, Prince William County Public Schools; Susan Gonzalez, Forest Park High School, Prince William County Public Schools; Katelyn Gozzard, Greene County Technical Education Center, Greene County Public Schools; and Nancy Jones, Forest Park High School, Prince William County Public Schools

Professional Development Certificates will be emailed to registered participants.
Post Institute Sessions

Post Institute Session #1 (Pre-Registration Required)
2:00 p.m. to 9:30 p.m.
*Shenandoah B*

**Session Title:** Teacher Cadet Curriculum Training  
**Session Description:** The Teacher Cadet Curriculum is a national model for pre-collegiate recruitment programs. Teacher Cadet is an innovative, curriculum-based, college level course designed to introduce secondary students to the education profession. A teacher must receive training from a certified trainer to obtain and use the Teacher Cadet Curriculum. Benefits of using the Teacher Cadet Curriculum include:

- Instructional resources and lesson plans to support the Virginia Teachers for Tomorrow course competencies (e.g. A copy of Experiencing Education, training materials and a one year subscription to current curriculum resources through the online Teacher Cadet Hub)
- Rigorous college level curriculum for dual enrollment

**Facilitators:** Diane Breinig, Loudoun County Public Schools; Emily O’Connor, Retired, Prince William County Public Schools; and Sue Smith, Retired, Hampton City Public Schools

**Provider:** CERRA, Winthrop University, 525 Eden Terrace, Rock Hill, SC 29733

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**VATFACS Professional Development Institute Evaluation 2017**

Evaluate the sessions you attended. There are three ways to access the online evaluations:

**URL for the VATFACS Professional Development Institute 2017**
https://docs.google.com/forms/d/e/1FAIpQLScD3XdxSik6xUSZ4CT3VA_XmHpPKFmni5_6g5rqJp2rSnsglSsQ/viewform

**Shortcut to Evaluation**
http://tinyurl.com/y9j728oq

Access the Evaluation with a QR Reader. Scan the QR code to access the evaluation.

GO TO www.vatfacs.squarespace.com for resources shared at the Institute this year.
**Post Institute Session #2**
2:00 p.m. to 3:00 p.m.  
*Roanoke Higher Education Center, Room 202*

**Session Title:** AAFCS Broad Field FACS Assessment Session B

**Session Description:** Virginia has received approval from AAFCS to administer the Broad Field Family and Consumer Sciences assessment to family and consumer sciences teachers annually at the VATFACS Professional Development Institute.

**Note:** Participants may pick up certificates immediately following the assigned testing session at Roanoke Higher Education Center, Room 202. Further instructions may be provided during the session.

**Career Cluster Represented:**

**Special Note:** If you are scheduled for the AAFCS assessment, you must check-in at the VATFACS registration desk at The Hotel Roanoke and Conference Center. You will receive your testing ID #, directions to the Higher Education Center, and special information pertinent to this assessment at registration. You will not be allowed into the testing site without your assigned ID #. This assessment will be administered at the Higher Education Center.

**AAFCS Assessment Coordinator:** Lori A. Myers, PhD, CFCS, Director, Pre-PAC, American Association of Family and Consumer Sciences

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**Post Institute Session #3**
2:00 p.m. to 5:00 p.m.  
*Roanoke Higher Education Center, Room 717*

**Session Title:** Google Classroom for Beginners

**Session Description:** Are you interested in blended learning, but not sure where to start? Get your feet wet in this three-hour workshop introducing participants to Google Classroom. Google Classroom is a free, user-friendly tool that simplifies the transformation of your classroom, allowing teachers to create and distribute online content to students. This model empowers students to have more control over their own learning and provides teachers an easy way to communicate with students, collect and grade assignments, differentiate instruction, and customize the curriculum. Come prepared to brainstorm and explore!

**Presenter:** Todd Scholl, Coordinator of Communications and Technology, CERRA - South Carolina

**Facilitator:** Kimberly Wilson, T. C. Williams High School, Alexandria City Public Schools

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**Post Institute Session #4**
2:00 p.m. to 5:00 p.m.  
*Pocahontas*

**Session Title:** ServSafe Recertification Training and Test – Pre-Registration Required

**Presenter:** Kyle Brooks, Chief Executive Officer, Brooks Food Safety, Florida International University
### Thursday, August 3

#### Post Institute Session #5
2:00 p.m. to 5:00 p.m.  
*Roanoke Higher Education Center, Room 419*

<table>
<thead>
<tr>
<th>Session Title</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>WISE Financial Literacy Certification</td>
<td>Jason Benjamin, Senior Program Manager, Working in Support of Education (WISE)</td>
</tr>
</tbody>
</table>

#### Post Institute Session #6
3:30 p.m. to 4:30 p.m.  
*Roanoke Higher Education Center, Room 202*

<table>
<thead>
<tr>
<th>Session Title</th>
<th>Career Cluster Represented</th>
</tr>
</thead>
<tbody>
<tr>
<td>AAFCS Broad Field FACS Assessment Session C</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Session Description</th>
<th>Special Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virginia has received approval from AAFCS to administer the Broad Field Family and Consumer Sciences assessment to family and consumer sciences teachers annually at the VATFACS Professional Development Institute. Note: Participants may pick up certificates immediately following the assigned testing session at Roanoke Higher Education Center, Room 202. Further instructions may be provided during the session.</td>
<td>If you are scheduled for the AAFCS assessment, you must check-in at the VATFACS registration desk at The Hotel Roanoke and Conference Center. You will receive your testing ID #, directions to the Higher Education Center, and special information pertinent to this assessment at registration. You will not be allowed into the testing site without your assigned ID #. This assessment will be administered at the Higher Education Center.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>AAFCS Assessment Coordinator</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Lori A. Myers, PhD, CFCS, Director, Pre-PAC, American Association of Family and Consumer Sciences</td>
<td></td>
</tr>
</tbody>
</table>

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#### Thursday, August 3 (Continued)

#### Post Institute Session #7 (Pre-Registration Required), Continued
8:00 a.m. to 5:00 p.m.  
*Shenandoah B*

<table>
<thead>
<tr>
<th>Session Title</th>
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</thead>
<tbody>
<tr>
<td>Teacher Cadet Curriculum Training</td>
<td></td>
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</tbody>
</table>

#### Post Institute Session #8 (Pre-Registration Required)
8:00 a.m. to 5:00 p.m.  
*Pocahontas*

<table>
<thead>
<tr>
<th>Session Title</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>ProStart Training (Part I)</td>
<td>Jim Wilson, Director, Education and Workforce Development, Virginia Restaurant • Lodging • Travel Association</td>
</tr>
</tbody>
</table>
Post Institute Session #9
9:00 a.m. to 5:00 p.m.
Shenandoah A
ServSafe Training and Test – Pre-Registration Required

Presenter: Kyle Brooks, Chief Executive Officer, Brooks Food Safety, Florida International University

Post Institute Session #10
8:00 a.m. to 5:00 p.m.
Off Campus – Radford High School, Radford, Virginia

Session Title: Food Science Training
Presentation Title: Science and Our Food Supply: Investigating Food Safety from Farm to Table
Session Description: Post Institute Session FDA in collaboration with the National Science Teachers Association (NSTA) have created Science and Our Food Supply: Investigating Food Safety from Farm to Table, an innovative, interactive supplementary curriculum for use in middle level and high school science classes. An advisory board of experienced teachers just like you developed and tested the materials.

Food safety has become an important national focus. Each year, approximately one sixth of the U. S. population has mild to severe illnesses caused by pathogens in food — and more than 3,000 people die from them. Learning food safety science will enable your students to better understand decisions and practices that may affect their personal health. It will encourage them to step up to the plate and take an active role in preventing food-borne illness.

During the session we will practice, and discuss the curriculum provided by the FDA. You will be able to take home the complete curriculum for high school and middle school students.

Friday, August 4

Post Institute Session #11 (Pre-Registration Required)
8:00 a.m. to 12:00 p.m.
Pocahontas

Session Title: ProStart Training (Part II)

Presenter: Jim Wilson, Director, Education and Workforce Development, Virginia Restaurant • Lodging • Travel Association
2017 VATFACS Exhibitors

CEV Multimedia
CTE Resource Center
Discovery Toys
EVERFI
Fundraising Guy
Goodheart-Willcox Publisher
Henthorn Fundraising
Johnson & Wales University
KP Education Systems
Learning ZoneXpress
McGraw-Hill Education
Pearson
Radford University
Radford University – Department of Interior Design and Fashion
Realityworks
SCC – Division of Securities
Virginia Council on Economic Education
Virginia FCCLA
Virginia Restaurant, Lodging and Travel Association
Virginia Tech – Apparel, Housing and Resource Management

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JOHNSON & WALES UNIVERSITY

SHENANDOAH UNIVERSITY
School of Education & Human Development

VirginiaTech.
Center for Organizational and Technological Advancement
Mark Your Calendar Now!

2018 VATFACS Institute

July 29 – August 2

Wyndham Virginia Beach Oceanfront
Virginia Beach, Virginia

VATFACS
VIRGINIA ASSOCIATION FOR TEACHERS OF Family and Consumer Sciences
<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>September 15 – 17, 2017</td>
<td>Fall FCCLA State Executive Council Meeting (Appomattox)</td>
</tr>
<tr>
<td>September 23 – 24, 2017</td>
<td>FCCLA Board of Directors Meeting (Waynesboro)</td>
</tr>
<tr>
<td>November 8 – 10, 2017</td>
<td>National FCCLA Capitol Leadership (Washington, DC)</td>
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<tr>
<td>October 2017</td>
<td>Fall FCCLA/FACS Forum</td>
</tr>
<tr>
<td></td>
<td>• October 10 – Carroll County High School</td>
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<tr>
<td></td>
<td>• October 12 – Appomattox County High School</td>
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<tr>
<td></td>
<td>• October 17 – Page County High School</td>
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<tr>
<td></td>
<td>• October 18 – Courtland High School (Spotsylvania)</td>
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<tr>
<td></td>
<td>• October 24 – Varina High School (Henrico)</td>
</tr>
<tr>
<td>December 6-9, 2017</td>
<td>ACTE (Nashville, TN)</td>
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<tr>
<td>November 10-12, 2017</td>
<td>National FCCLA Cluster Meetings</td>
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<tr>
<td>November 17-19, 2017</td>
<td>National FCCLA Cluster Meetings</td>
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<tr>
<td></td>
<td>(Washington, DC)</td>
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<td></td>
<td>(Oklahoma City, OK)</td>
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<tr>
<td>January 18-19, 2018</td>
<td>VACTE (Richmond)</td>
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<tr>
<td>January 26-28, 2018</td>
<td>Winter FCCLA State Executive Council Meeting (Waynesboro)</td>
</tr>
<tr>
<td>March 3, 2018</td>
<td>Educators Rising State Conference (C. D. Hylton High School, Woodbridge)</td>
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<tr>
<td>April 13-15, 2018</td>
<td>State FCCLA Leadership &amp; Recognition Conference (Virginia Beach)</td>
</tr>
<tr>
<td>June 18-21, 2018</td>
<td>FCCLA Leadership Training for State Executive Council (Blacksburg)</td>
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<tr>
<td>June 24-27, 2018</td>
<td>AAFCS National Conference (Atlanta, GA)</td>
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<tr>
<td>June 21-24, 2018</td>
<td>Educators Rising National Conference (Orlando, FL)</td>
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<tr>
<td>June 28 – July 2, 2018</td>
<td>National FCCLA Leadership Meeting (Atlanta, GA)</td>
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<tr>
<td>July 9-13, 2018</td>
<td>CTE New Teacher Institute (Richmond)</td>
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<tr>
<td>July 29 – August 1, 2018</td>
<td>VATFACS Professional Development Institute (Virginia Beach)</td>
</tr>
</tbody>
</table>
There are 3,600 reasons to major in family and consumer sciences education.

3,600 family and consumer sciences teachers will be needed to fill vacant positions by 2018.

Will you help recruit the teachers needed to sustain our profession?

Resources for the Say Yes to FCS campaign are available online at www.aafcs.org/SayYestoFCS.asp.

Virginia’s Colleges and Universities with Family and Consumer Science Education Programs:

• Bridgewater College
• Liberty University
• Virginia State University
• Virginia Tech