The mission of the Summer Institute for School Nursing is to foster evidence-based practice in the school setting and promote competency in school nursing practice. The conference is appropriate for school nurses, school nurse coordinators, and supervisors of health services.

Virginia Department of Education, Office of Student Services
Co-hosted by The Virginia Association of School Nurses
Summer Institute for School Nurses
Longwood University
July 8-11, 2019

Virginia Department of Education, Office of Student Services
Co-hosted by The Virginia Association of School Nurses

Pre-Conference July 8, 2019

Sunday Afternoon, July 7, 2019

2:00 PM - 6:00 PM Registration/Check In ~~~~~~~~~~~~~~~~~~~~~~~~~ Lankford Hall Basement

Monday, July 8, 2019 - Pre-Conference

7:00 AM - 8:30 AM Registration/Check In ~~~~~~~~~~~~~~~~~~~~~~~~~ Lankford Hall Basement

8:30 AM - Noon New School Nurse Orientation ~~~~~~~~~~~~~~~~~~~~~~~~~~Chichester G12
Rebecca Cooper, BSN, RN
Diane Allen, MSN, RN, NCSN, CBIS
Robin Zophy, MSN, RN, NCSN
This 8-hour class offers participants an introduction to school nursing and provides a rich variety of resources and guidance for any nurse that is new to the school health office. (Lunch Noon - 1:00 PM)

1:00 PM - 5:00 PM New School Nurse Orientation continued ~~~~~~~~~~~~~~Chichester G12

8:30 AM - 12:00 Noon New School Nurse Coordinator/Supervisor ~~~~~~~~~~~Chichester G02
Glory Gill, MPA, BSN, RN
Darlene Mueller, PhD, MSEL, BSN, RN
This 8-hour class is a great introduction for new school nurse coordinators, managers and administrators. Developed by School Nurse Coordinators for the new School Nurse Coordinator. (Lunch Noon - 1:00 PM)

1:00 PM - 5:00 PM New School Nurse Coordinator/Supervisor continued ~~~~~~~Chichester G02
1:00 PM - 5:00 PM Diabetes Boot Camp for School Nurses ~~~~~~~~~~~~~~~Chichester G11
Suzanne S. Bona, BSN, RN, CPN, CDE, Clinical Coordinator IV
Children's Hospital of Richmond at VCU
Intensive 4 hour, hands-on practice for school nurses to engage with a variety of insulin pumps ad continuous blood glucose monitoring devices seen in the school setting.

1:00 PM - 5:00 PM RN Skills and Scope of Practice ~----------------------Stevens 207
Lisa Minor, Ed.D, MSN, RN
Cindy Crews, MSN, RN, CNE
Hands on nursing lab experience for RN’s to refresh clinical skills and strengthens school nursing practice.

1:00 PM - 5:00 PM LPN Skills and Scope of Practice ~----------------------Stevens 209
Elizabeth Morse, MSN, PNP
Hands on nursing lab experience for LPN’s to refresh clinical skills and strengthen school nursing practice.

5:00 PM Dinner on your Own - No evening events

2:00 PM - 6:00 PM Registration/Check In ~---------------------------Lankford Hall Basement

CONFERENCE LINK: http://www.cpe.vt.edu/sisn/schedule.html

Important Reminders about Longwood University

Please note that Longwood University is not a barrier free environment. If you have any questions about access and/or accommodations, contact the Director of Disability Resources, at 434-395-2391. Costs related to accommodations will be assumed by the participant and MUST be pre-arranged. Please note a great deal of walking in hot, humid conditions is necessary during the conference. The SISN conference staff is not able to make accommodations on site.

The University passed a tobacco-free policy effective June 1, 2008.

The Longwood University Health and Fitness Center will be open for conference participants Monday and Tuesday evenings until 8:00 p.m. at no additional cost.

We will have complimentary Shentel wireless internet in the residence halls (no password required). In the academic buildings there will be free LancerNetVisitor wireless network available. Participants would just need to type in their valid email address to access it.
School nurses see children with chronic conditions frequently and are primarily focused on their health needs (e.g., insulin and blood sugars, g-tube feedings, and respiratory treatments). This presentations will address the short and long-term issues children with chronic conditions face and the impact of these issues on nurses who work with them in schools. It will explore the less-discussed life-long issues of children with chronic conditions as they move from childhood, through adolescence and into adulthood. These issues include the impact on growth and development, the messages they hear, and their strengths, as well as the impact on the family. It will include the questions we never ask them and the ones they never ask us. The purpose of this presentation is to encourage the school nurse to think beyond the skills to what the student and family experience and how to recognize the obstacles they face.

School nurses are asked to keep tallies of the number of children and staff to whom they provide care and the nature of that care. But what happens to all of those numbers? How do the numbers compare to the other states? What is missing from the data we collect? And how can we use these data to demonstrate why Virginia needs more school nurses so that there is one school nurse in every school?

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insulins on the market, using insulin pumps, continuous glucose monitors and more! This session is for school nurses who have basic knowledge of diabetes management of children while at school but want to know more!

**Mental Health and Suicide** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Prince Edward Room

Nicole Taper Gore, Suicide Intervention Coordinator, Department of Behavioral Health & Developmental Services

It takes a village… This session focuses on school age children and mental health struggles. Promoting positive mental health is everyone's job. Learn strategies to help students and become an active member of your school’s mental health team.

**The Brain Matters: Identifying, Evaluating and the Team Approach to Treating Concussion** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ The Virginia Room

Madison Brown, MPA, PA-C

Discussion will be based on identifying possible head injuries, “red flags” that indicate emergent hospital care, Virginia state policies for return to learn and return to play.

**Art of Practicing Mindfulness** ~~~~~~~~~~~~~~~~~~~~~~~~~~ Chichester G12

Wendy Harper, Med, BSN, RN, NCSN

By popular request, this session is making a repeat performance! Learn how mindfulness can be incorporated into your personal and professional practice.

**BREAKOUT SESSIONS B (AM Sessions Repeat) Participants will Choose 1 Session**

**Using Data to Tell Your Story** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Blackwell Auditorium

Dr. Janice Selekmann, DNSc, RN, NCSN, FNASN

**Diabetes 101** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Chichester G02

Jackie McManemin, BSN, CDE

**School Based Telehealth… What’s Not to Love?** ~~~~~~~~~~~~~~ Chichester G03

Jennell P. Charles, PhD, RN

**Diabetes Advanced** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Chichester G11

Heather Mulvaney, CDE

**Mental Health and Suicide** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Prince Edward Room

Nicole Taper Gore, Suicide Intervention Coordinator, Department of Behavioral Health & Developmental Services

**The Brain Matters: Identifying, Evaluating and the Team Approach to Treating Concussion** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ The Virginia Room

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**Art of Practicing Mindfulness** ~~~~~~~~~~~~~~~~~~~~~~~~~~ Chichester G12

Wendy Harper, Med, BSN, RN, NCSN

**Lunch** ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Dorrill Hall
1:45 PM - 3:00 PM  SKILLS SESSIONS A  ~~~~~~~~~~~~~~~~~~~~  Participants will Choose 1 Session

G-Tube Feedings  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 115
Angela Moore, MBA, BSN, RN, NCSN, CDDN
Learn or refresh skill sets and best practices related to gastric nutrition practices.

Hearing/Audiometry  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 116
Mani Aguilar, Au.D., CCC-A
Learn or refresh skill sets and best practices related to providing effective hearing assessments for students in the school setting.

Vision Screening Update  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 250
Lindsey Poore, BS, RN, NCSN
Learn or refresh skill sets and best practices related to providing effective vision assessments for students in the school setting.

Catheterizing Students  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 252
Tammy Clamann, BSN, RN
Learn or refresh skill sets and best practices to provide safe catheterization of students in the school setting.

Trache Care  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 254
Heather Snyder, BSN, RN, NCSN, CDDN
Learn or refresh skill sets and best practices related to providing safe effective tracheostomy care for students in the school setting.

Vagal Nerve Stimulator  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 110
Kathy O’Hara, BSN, RN
Learn how Vagal Nerve Stimulators are used to effectively control seizures and related heart arrhythmias in children.

Concussion Assessment  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 256
Madison Brown, PA-C
Learn how to best assess students that come into the clinic with head injuries. This hands-on approach will enhance your current skill level and provide you with guidelines on care and referral.

3:15 PM - 4:30 PM  SKILLS SESSIONS B  ~~~~~~~~~~~~~~~~~~~~~  Participants will Choose 1 Session

G-Tube Feedings  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 115
Angela Moore, MBA, BSN, RN, NCSN, CDDN

Hearing Screening  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 116
Mani Aguilar, Au.D., CCC-A

Vision Screening  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 250
Lindsey Poore, BS, RN, NCSN
Wednesday, July 10, 2019

6:30 AM - 7:30 AM Yoga (optional) ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ TBD
Wendy Harper, M.Ed, BSN, RN, NCSN

7:00 AM - 8:15 AM Breakfast ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Dorrill Hall

8:30 AM - 9:00 AM GENERAL SESSION: Stop the Bleed ~~~~~~~~~~~~~~~ Blackwell Auditorium
Kate Challis, RN, BSN, CEN, TCRN, Johnson-Willis Hospital
“Stop the Bleed” (STB) is a comprehensive and sustainable bleeding control education and information program. This program was motivated by the 2012 tragedy in Sandy Hook and multiple tragedies that have occurred since that event to improve survivability from manmade or natural mass casualty events. The injuries from these events generally present with severe bleeding which left unattended can result in death. The mission of this program is to provide training to individuals who may be able to provide immediate, frontline first aid until first responders are able to take over care of an injured person.

9:30 AM- 4:30 PM Group-based rotation, Stop the Bleed Activities

See Group Schedule on next page

Noon - 1:00 PM Lunch ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Dorrill Hall

1:00 PM - 4:45 PM VENDOR FAIR ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Martinelli Room
<table>
<thead>
<tr>
<th>Time</th>
<th>GROUP A</th>
<th>GROUP B</th>
<th>GROUP C</th>
<th>GROUP D</th>
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<tbody>
<tr>
<td>8:30 - 9 am</td>
<td>STB in VA Overall plan/toolkit Introduction</td>
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<td>9 - 9:30 am</td>
<td>STB course lecture</td>
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<td>Small group scenarios</td>
<td>Intro to START Triage</td>
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<td>9:30 - 10 am</td>
<td>Hands-on station 1</td>
<td>Hands-on station 1</td>
<td>Hands-on station 2</td>
<td>Large group scenarios</td>
<td>Small group scenarios</td>
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<td>10 - 10:30 am</td>
<td>Hands-on station 2</td>
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<td>10:30 - 11 am</td>
<td>STB trainer registration</td>
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<td>11 - Noon</td>
<td>Intro to START Triage</td>
<td>Intro to START Triage</td>
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<td>11 - Noon</td>
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<td>1 - 1:30 pm</td>
<td>Small group scenarios (1-2pm)</td>
<td>Vendor Fair</td>
<td>Large group scenarios</td>
<td>STB Trainer registration</td>
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<td>2 - 3 pm</td>
<td>Large group scenarios</td>
<td>Small group scenarios</td>
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<td>Vendor Fair (1:30 - 3pm)</td>
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<td>3 - 4:30 pm</td>
<td>Vendor Fair</td>
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**LUNCH**
(Noon - 1pm)

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<tr>
<td>3:00 PM - 4:30 PM</td>
<td><strong>Book Discussion: WONDER (Group D &amp; E only)</strong> ~~~~~~~~~~Chichester G12</td>
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<td><strong>Tracy White, School Health Specialist</strong></td>
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<td>Facilitated discussion about the book focusing the life of young Auggie Pullman, a middle school student with Treacher-Collins Syndrome.</td>
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<td>5:00 PM - 6:00 PM</td>
<td><strong>Dinner on your Own</strong></td>
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<td>6:00 PM - 7:00 PM</td>
<td><strong>Wellness Walk &amp; Activity</strong> ~~~~~~~~~~~~~~~~~ Chichester G12</td>
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<td><strong>Alex Wilmer, MSN, RN, NCSN</strong></td>
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<td><strong>Stephani Lailari, MSN, RN</strong></td>
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<td>How can you facilitate wellness activities with your school personnel? We will walk and discuss some strategies.</td>
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<td>6:00 PM - 7:30 PM</td>
<td><strong>Book Discussion: WONDER (Repeat Session)</strong> ~~~~Chichester G12</td>
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Thursday, July 11, 2019

7:00 AM - 8:15 AM  Breakfast ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Dorrill Hall

8:30 AM - 9:45 AM  BREAKOUT SESSIONS ~~~~~~~~~~~~~~~~~~~~~ Participants Select 1 Session

Pediatric Heart Conditions ~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 108
Dr. Warren Hoyt, MD
This will be an interesting presentation on pediatric heart conditions common to children in school. Dr Hoyt, a cardio-physiologist at the Cleveland Clinic will introduce school nurses to resources to help support students and families.

REVIVE Training ~~~~~~~~~~~~~~~~~~~~~ Ruffner 115
Nicole Hill
Participants will gain understanding of current opioid crisis, describe risk factors and how to response in the event of overdose. Limited to 30 participants.

LEARNS: Diabetes Education Pilot ~~~~~~~~~~~~ Ruffner 116
Kathy Gold, RN, MSN, CDE, FAADE
Traci Carter, MA, BSN, CDE
Participants in this session will learn how collaborating with community and civic organizations has led to a National Diabetes Pilot in Virginia.

Telling Your Story: Tips for Creating a Successful Poster ~~~~~~~~~ Ruffner 250
Vickie Southall, MSN, RN, NCSN
This session is for participants who want to learn how to use electronic formats such as e-posters to tell their story: share a new program, a school need or research with your school and others. Get your message or story out using templates made for school nurses!

Reproductive Health Programs: More than Abstinence and Birth Control ~~~~~~~~~~~ Ruffner 252
Emily Yeatts, MSW, MPH
Janelle Anthony, MSN, RN, PHNA-BC
Madeline Kapur, MPH, MSW
Consuelo Staton, MEd
This session emphasizes resources and assistance for school nurses in promoting adolescent health and polices in place for appropriate referrals.

The NEW Medication Administration Training ~~~~~~~~~~~ Ruffner 254
Nancy Markley, MSN, RN, NCSN
What medications can schools accept? What can a RN administer that a unlicensed staff member can’t give? What is your school policy on medication? Nancy Markley will take participants through changes made to the Guidelines for Training School Personnel in the Administration of Medication.

Family Life Education: Sensitive Issues ~~~~~~~~~~~ Ruffner 256
Llew Roberts, Certified Family Educator
Jihad Abdulmumit, MBA, Family Life Educator
This session is designed to assist school nurses with teaching Family Life Education and/or provides opportunities for participants to practice answering questions about “sensitive” issues. Emphasis on educating parents and students about HPV vaccine.
10:00 AM - 10:30 AM General Session
Introduction to CODE ANA: Anaphylaxis Response ~~~~~~ Blackwell Auditorium
Dr. Alice Hoyt and UVA Team, MD, Allergist

Code ANA is a free resource for school nurses/employees that meets the Code of Virginia for Anaphylaxis training. Dr. Hoyt developed this training resource with colleagues from the University of Virginia to prepare participants to respond appropriately to life-threatening allergic reactions.

10:30 AM - Noon Breakout Sessions for CODE ANA ~~~~~~~~~~~~ Location
Code ANA Trainers
Group 1 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Blackwell Auditorium
Group 2 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 108
Group 3 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 115
Group 4 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 116
Group 5 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 250
Group 6 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 252
Group 7 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 254
Group 8 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 256
Group 9 ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Ruffner 350

12:15 PM - 1:15 PM Lunch ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Dorrill Hall

1:30 PM - 3:30 PM Closing Session:
Opioid Workshop, Blue Ridge Poison Control Center, UVA ER ~~~~~~~~~~~~~~
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Blackwell Auditorium
Dr. Chris Holstedge, MD

Dr. Holstedge and the Blue Ridge Poison Control Team will help school nurses actively engage in determining substance assessment, intervention strategies and inform school nurses of emerging new street drugs.

3:30 PM - 4:00 PM Check Out ~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Lankford Hall, Basement