The mission of the Summer Institute for School Nursing is to foster evidence-based practice in the school setting and promote competency in school nursing practice.

The conference is appropriate for school nurses, school nurse coordinators, and supervisors of health services.
Pre-Conference July 8-9, 2018

Sunday Afternoon, July 8, 2018 — Pre-Conference

10:30 am - Noon  CHECK IN  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~  Lankford

11:45 am - 12:45 pm  Lunch for Pre-Conference Participants  ~~~~~~~~~~~~~~~~~~~~~~  Dorrill

1 - 5 pm

PS 1.1  New School Nurse Orientation, Part 1  ~~~~~~~~~~~~  Chichester G-12
   Rebecca Cooper, BSN, RN
   Robin Zophy, MSN, RN, NCSN
   Diane Allen, MSN, RN, NCSN, CBIS

PS 1.2  New School Nurse Coordinator/Supervisor, Part 1  ~~~~~~  Chichester G-02
   Glory Gill, MPA, BSN, RN
   Darlene Mueller, PhD, MSEL, BSN, RN
   Rachel Morgan, BSN, RN

PS 1.3  National Certification for School Nurses Review Class  ~~~~  Chichester G-11
   Norma Bergey, MSN, RN, NCSN

4 - 6 pm  CHECK IN for Monday Pre-Conference Sessions  ~~~~~~~~~~~  Lankford

5 pm-On  Dinner on your Own - No evening events
Monday, July 9, 2018 — Pre-Conference continues

7 - 8 am  Breakfast  Dorrill

8 - 11:30 am  PS 2.1  New School Nurse Orientation, Part 2  ~~~~~~~~~~Chichester G-12
Rebecca Cooper, BSN, RN
Robin Zophy, MSN, RN, NCSN
Diane Allen, MSN, RN, NCSN, CBIS

8- 11:30 am  PS 2.2  Physical Assessment for RN’s  ~~~~~~~~~~ Nursing, Room 207
Cindy Crews, MSN, RN, CNE
Lisa Minor, Ed.D, MSN, RN

8 - 11:30 am  PS 2.3  National Certification for School Nurses Review Class, Part 2  ~~~~~~~~~~Chichester G-11
Norma Bergey, MSN, RN, NCSN

8 - 11:30 am  PS 2.4  New School Nurse Coordinator/Supervisor, Part 2  ~~~~Chichester G-02
Glory Gill, MPA, BSN, RN
Darlene Mueller, PhD, MSEL, BSN, RN
Rachel Morgan, BSN, RN

10 - 11:30 am  PS 2.5  REVIVE Training  ~~~~~~~~~~ Steven 207
Hope Luong, MSN, RN, NCSN

8 - 11:30 am  PS 2.6  LPN Skills and Scope of Practice (Monday Session Only) ~~~~ Nursing Lab
Elizabeth Morse, MSN, PNP

Important Reminders about Longwood University

Please note that Longwood University is not a barrier free environment. If you have any questions about access and/or accommodations, contact the Director of Disability Resources, at 434-395-2391. Costs related to accommodations will be assumed by the participant and MUST be pre-arranged. Please note a great deal of walking in hot, humid conditions is necessary during the conference. The SISN conference staff is not able to make accommodations on site.

The University passed a tobacco-free policy effective June 1, 2008.

The Longwood University Health and Fitness Center will be open for conference participants Monday and Tuesday evenings until 8:00 p.m. at no additional cost.

We will have complimentary Shentel wireless internet in the residence halls (no password required). In the academic buildings there will be free LancerNetVisitor wireless network available. Participants would just need to type in their valid email address to access it.
Monday, July 9, 2018 — Summer Institute for School Nurses

9:00 am - Noon  REGISTRATION/CHECK-IN for Main SISN Conference

11:30 am-12:45 pm  Lunch for all SISN Participants  ~~~~~~~~~~~~~~~~~~~~~~~~~~~ Dorrill

VDOE Summer Institute for School Nursing Welcome

1- 2 pm  GS 1.0  KEYNOTE: Licensure Essentials for School Nurses: Protecting Your Livelihood  ~~~~~~~~~~~~~~~~~~~~~~~~~~~ Blackwell Ball Room
Edie Brous, JD, MPH, MSN, RN

AFTERNOON BREAKOUT SESSIONS:
Session A: 2:20 - 3:20 pm, Session B: 3:40 - 4:40 pm

BS 1.1 & BS 2.1  Professional liability Insurance: Myths, Misconceptions, Realities  ~~~~~~~~~~~~~~~~~~~~~~~~~~~ Blackwell Ball Room
Edie Brous, JD, MPH, MSN, RN

BS 1.2 & BS 2.2  Nursing Documentation in the School Setting  ~~~~~~~~~~~~~~ Virginia Room
Barbara Nowak, DNP, RN, FNP-C
Health Services Coordinator
Alexandria City Public Schools

BS 1.3 & BS 2.3  Alphabet Soup: HIPP A, FERPA, ADA, IDEA, FAPE  ~~~~~ Prince Edward Room
Patricia Haymes, JD
Director, Dispute Resolution and Administrative Services
Virginia Department of Education

BS 1.4 & BS 2.4  Asthma: Implications for the School Nurse  ~~~~~~~~~~~~~~~~~~~~~ Ruffner 103
Dr. Michael Schechter, MD
MPH Professor and Chief
Division of Pulmonary Medicine
Department of Pediatrics, Children's Hospital at VCU
Virginia Commonwealth University

BS 1.5 & BS 2.5  The CATCH of Youth and Family Engagement  ~~~~~~~~~~~~~~~~~~~ Ruffner 116
Dana Yarbrough, M.A., M.S. Director, Center for Family Involvement
Partnership for People with Disabilities @ Virginia Commonwealth University

BS 1.6 & BS 2.6  You Did What? The Significance of Tattoo's Within the Community Culture  ~~~~~~~~~~~~~~~~~~~~~ Martinelli Board Room
Major Donald Lowe, Louisa County Sheriff’s Department
Special Ops/Gang Task Force

5 - 6 pm  Dinner  ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ Dorrill Dining Hall

6 - 8 pm  Virginia Association of School Nurses, (VASN) Sponsored Dessert  ~~~~~~~~~~~~~~~~~~~ Lee Grand Dining (next to Dorrill)
Tuesday July 10, 2018 — Summer Institute for School Nurses continues

7:00 - 7:45 am AM Yoga ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~Lankford, ABC Room
Wendy Harper, MEd, BSN, RN, NCSN

7 - 8:15 am Breakfast ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~Dorrill Dining

8:30 - 9:30 am GS 2.0 KEYNOTE: My Tummy Hurts ~~~~~~~~~~Blackwell Ball Room
Lisa Minor, Ed.D, MSN, RN

MORNING BREAKOUT SESSIONS:
Session A: 9:50 - 10:50 am  Session B: 11:10 - 12:10 pm

BS 3.1 & BS 4.1 Feeding and Swallowing Challenges: Achieving Success ~~~Blackwell Ball Room
Lissa Power-deFur, Ph.D., CCC-SLP Professor
Communication Sciences and Disorders Director
Longwood Speech, Hearing, and Learning Services

BS 3.2 & BS 4.2 Toileting Issues in Children with a Disability ~~~~~~Virginia Room
Tammy Clamman, BSN, RN

BS 3.3 & BS 4.3 It’s Not All In Your Head: Understanding The Psychosocial Components of and Treatments For Functional Abdominal Pain ~~~Prince Edward
Elizaveta Bourchtein, M.S. PsychologyExtern, CHoR

BS 3.4 & BS 4.4 The Art of Practicing Mindfulness ~~~~~~~~~~~~~~~~~~~~~~~~~Ruffner 103
Wendy Harper, MEd, BSN, RN, NCSN

BS 3.5 & BS 4.5 Bridging the Divide: Partnering with School Nurses to Support the Health of Pre-K Children Housed On Public School Campuses ~~~Ruffner 115
Bethany Geldmaker, MSN, PNP
Early Childhood Health Program Consultant, Virginia Department of Health
Carolyn Early, Head Start, QA

BS 3.6 & BS 4.6 Trauma Sensitive Schools ~~~~~~~~~~~~~~~~~~~~~~~~~Ruffner 116
Anna Hebb, Ed.D., L.C.S.W., C-SSWS

Noon - 1:15pm Lunch
1:30 - 4:30 pm **RESOURCE FAIR**

1:30 - 4:30 pm **SKILLS LABS:** Pick 2, plus visit our vendors in the Resource Fair.
Participants must attend 2 complete sessions in order to receive CE credit for the activity. REVIVE Training is capped at 25 participants/session and is 1.5 hours or 1.5 CEU activity.

<table>
<thead>
<tr>
<th>Time</th>
<th>BS 5.1 &amp; BS 6.1 G-Tube Care</th>
<th>BS 5.2 &amp; BS 6.2 Trach Care</th>
<th>BS 5.3 &amp; BS 6.3 Insulin Pumps</th>
<th>BS 5.4 &amp; BS 6.4 Hearing Assessments</th>
<th>BS 5.5 &amp; BS 6.5 Catheter Care</th>
<th>BS 5.6 &amp; BS 6.6 REVIVE Training (1.5 hrs)</th>
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<td>1:30 - 2:00</td>
<td>Angela Moore, MBA, BSN, RN, NCSN, CDDN Virginia Room</td>
<td>Heather Snyder, BSN, RN, NCSN, CDDN Prince Edward</td>
<td>Kelly Toler, BSN, RN Ruffner 103</td>
<td>Mani Aguilar, Au.D Longwood Speech, Hearing, and Learning Services Ruffner 115</td>
<td>Tammy Clamman, BSN, RN, Virginia LEND Graduate Ruffner 116</td>
<td>Hope Luong, MSN, RN, NCSN Stevens 207</td>
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**Dinner/Evening activities on your own**
Wednesday, July 11, 2018 — Summer Institute for School Nurses continues

7:00 - 7:45 am  AM Yoga
Lankford, ABC
Wendy Harper, MEd, BSN, RN, NCSN

7 - 8:15 am  Breakfast

8:30 - 9:30 am  GS 3.0 KEYNOTE:
The Emerging and Evolving Substance Abuse Epidemic and
Implications For School-Aged Children  Blackwell Ballroom
Dr. Chris Holstege, MD

9:45 - 11 am  GS 4.0 PANEL DISCUSSION (All SISN Participants)  Blackwell Ballroom
Bobby Kipper, VDOE, School Safety and Discipline Specialist
Dr. Chris Holstege MD
Glory Gill, MPA, BSN, RN

11:20 - 12:20 pm  Morning Breakout Sessions

BS 7.1  Managing Sensitive Issues FLE  Virginia Room
Llew Roberts, Certified Family Life Educator
Jihad Abdulmumit, MBA

BS 7.2  Supporting Military Connected Students and their Families  Prince Edward
Daniel Dunham, VDOE Military Liason

BS 7.3  Promoting Cultural Diversity and Inclusion Principles in
Student Health Services  Ruffner 103
Tia Campbell, MSN, RN, NCSN, FNASN

BS 7.4  Planning For Brain Breaks Throughout the Day  Ruffner 115
Vonnie Colvin, PhD

BS 7.5  What Makes a Service Dog a Service Dog?  Ruffner 116
Sally Day, Director of Development, Service Dogs of Virginia
Accredited by Assistive Dogs International, (ADI)

12:30 pm - 1:30 pm  Lunch

1:30 pm - 3:00 pm  GS 5.0 Sex, Money and the Forgotten Victim: A Look at Gang Related
Sex Trafficking  Blackwell Ballroom
Edward Ryan, Fairfax Gang Prevention Coordinator
Director, Intensive Supervision Program

3:00 pm - 4:00 pm  CHECK OUT  Lankford Hall
Session Objectives

PS 1.1 and PS 2.1
New School Nurse Orientation, Part 1 and 2
The participant will:
1. Be able to discuss at least three aspects of the role of the school nurse, and the advantages of involvement in the school community.
2. Be able to describe at least three school health entry requirements in Virginia Public Schools.
3. Be able to list at least three resources for the school nurse.
4. Be able to identify at least five responsibilities of the school nurse, and will be able to discuss plans for the preparation of the school health clinic.
5. Be able to outline the process of identifying students with Special Education needs.

PS 1.2 and PS 2.2
New School Nurse Coordinator/Supervisor, Part 1 and 2
The participant will:
1. Understand the foundation of school nursing practice and will be able to identify resources to assist him/her in the role as Health Services Coordinator.
2. Be able to list three (3) types of organizations that provide health services coverage of public schools found in Virginia besides School Board.
3. Be able to develop his/her goals for health services.
4. Be able to identify the importance of policy, protocols and procedures/guidelines.
5. Be able to identify at least three areas of practice in the role as coordinator.
6. Be able to identify key components of effective interviews and share hiring practices of his/her school system.
7. Be able to identify and develop a training program for orientation of new health services staff and resources available.
8. Be able to identify areas/topics to consider when developing Professional Development for health services staff.
9. Be able to identify staffing requirements and training when nursing staff are not available.
10. Be able to identify three (3) components that are important when evaluating health services personnel and will be able to compare different nurse evaluation tools.
11. Be able to discuss budget process: how to find details within his/her own school system and how to advocate for health services needs.
12. Understand the importance of networking and will be able to identify three (3) agencies and internal resources he/she will be able to network with in this upcoming school year.
13. Understand public policy and the process of lawmakers.

PS 1.3 and PS 2.3
National Certification for School Nurses Review Class
The participant will:
1. Be able to develop a preparation plan for certification examination.
2. Be able to analyze and answer multiple choice type questions.

PS 2.4
Physical Assessment for RN's
The participant will:
1. Be able to describe the four basic techniques of a head to toe physical assessment of the school age child.
2. Differentiate abnormal from normal physical assessment findings.
3. Be able to demonstrate a head-to-toe assessment of the school age child.

PS 2.5
REVIVE Training
The participant will:
1. Gain understanding of opioids.
2. Describe how opioid overdoses happen.
3. List risk factors for opioid overdoses.
4. Learn how to respond to an opioid overdose emergency with the administration of Naloxone.

PS 2.6
LPN Skills and Scope of Practice
The participant will be able to:
1. Discuss the Scope of practice for the LPN.
2. Differentiate abnormal from normal physical findings.
3. Demonstrate a general assessment of the school age child.

GS 1.0 KEYNOTE: Licensure Essentials for School Nurses: Protecting Your Livelihood
The participant will be able to:
1. Discuss common misconceptions about professional liability insurance.
2. Distinguish between claims made and occurrence policies.
3. Identify the gaps in employer coverage.
4. Explain why all school nurses must have their own policies.
BS 1.1 and BS 2.1
Professional Liability Insurance: Myths, Misconceptions, Realities
The participant will be able to:
1. Identify the mission of the nursing board & the purpose of nursing regulation.
2. Discuss common misunderstandings regarding professional licensure.
3. List the most common causes of licensure discipline.
4. Describe licensure protection strategies.

BS 1.2 and BS 2.2
Nursing Documentation in the School Setting
The participant will be able to:
1. Define three purposes for nursing documentation.
2. Explain the legal ramifications of documentation in the school setting.
3. Define the Nursing Process and Nursing Diagnosis.
4. Describe the use of Nursing Process as the framework for nursing documentation in the school setting.
5. List at least five strategies to improve documentation practices.

BS 1.3 and BS 2.3
Alphabet Soup: HIPPA, FERPA, ADA, IDEA, FAPE
The participant will be able to:
1. Identify what acronyms represent as it relates to school nurse practice.
2. Identify role of the school nurse in maintaining confidentiality when working with students and their families.

BS 1.4 and BS 2.4
Asthma: Implications for the School Nurse
The participant will be able to:
1. Summarize the underlying pathogenesis of asthma.
2. Describe the goals of asthma treatment.
3. Differentiate the indications for use of rescue and controller medications in the treatment of asthma.
4. Manage children presenting with an acute asthma exacerbation.

BS 1.5 and BS 2.5
The CATCH of Youth and Family Engagement
Increasingly, the diversity of our schools is changing -- people come to school with multiple cultural identities (i.e., race/ethnicity, gender, disAbility, millennial generation). This session provides an opportunity for attendees to "catch" resources and ideas for engaging with today's transitioning youth with disabilities and families: Capacity building, Agility, Trusting relationships, Communication and Humility.
The participant will:
1. Learn about and discuss important concepts for authentically engaging with youth with disabilities and families (Capacity building, Agility, Trusting relationships, Communication and Humility).
2. Examine who you are and your practices related to Capacity building, Agility, Trusting relationships, Communication and Humility.
3. Leave with resources for transition age diverse youth with disabilities and families.

BS 1.6 and BS 2.6
You Did What? The Significance Of Tattoo’s Within the Community Culture
The participant will be able to:
1. Identify motivation for specific tattoos.
2. Identify gang-specific tattoos and the meaning behind them.

GS 2.0
KEYNOTE: My Tummy Hurts
The participant will be able to:
1. Identify essential components of a pediatric/school aged child abdominal assessment.
2. Verbalize understanding of a pediatric/school aged child abdominal assessment recognizing normal and abnormal assessment findings.
3. Identify common childhood conditions affecting the abdomen.

BS 3.1 and BS 4.1
Feeding and Swallowing Challenges: Achieving Success
The participant will be able to:
1. Identify the incidence of feeding and swallowing services in schools.
2. Develop an interprofessional team to facilitate success of students with feeding and swallowing challenges.
3. Explain the elements of a school health plan that focuses on feeding.

BS 3.2 and BS 4.2
Toileting Issues in Children with a Disability
The participant will:
1. Understand the difference between Assistance and Dependence.
2. Understand the difference between continence and incontinence.
3. Be aware of the steps involved in normal micturation process and how a disability can impact that.
4. Learn about adaptive equipment for continence encouragement.
5. Is that covered by an IEP or a 504?

BS 3.3 and BS 4.3
*It’s Not All In Your Head: Understanding the Psychosocial Components of and Treatments For Functional Abdominal Pain*
Participants will:
1. Be able to identify psychosocial risk factors contributing to functional abdominal pain in children/adolescents.
3. learn about resources for working with patients with functional abdominal pain.

BS 3.4 and BS 4.4
*The art of practicing Mindfulness*
Participants will be able to:
1. Define the term, “Mindfullness”.
2. Identify areas in school nursing and life to incorporate mindfulness.
3. Describe the importance of mindfulness on wellness.
4. Practice three breathing and body awareness mindfulness techniques.
5. Increase awareness of research evidence on mindfulness and wellness.

BS 3.5 and BS 4.5
*Bridging the Divide: Partnering with School Nurses to Support the Health of Pre-K children Housed on Public School Campuses.*
Participants will be able to:
1. Describe the role of the school nurse in caring for students in these pre-school programs.
2. Address age appropriate health needs they may have.
3. Describe health screening requirements.
4. Identify any MOA/MOUs that should be in place regarding health services for these students.

BS 3.6 and BS 4.6
*Trauma Sensitive Schools (ACES)*
Participants will:
1. Use the formal definition of trauma and adverse childhood experiences to define the impact that events and experiences may have on the students and adults in the educational setting.
2. Understand the importance of relationships for students who have experienced trauma.
3. Identify strategies to foster the development of positive relationships between all stakeholders.

BS 5.1 and BS 6.1
*G-Tube Care*
Participants will be able to:
1. Demonstrate care of gastric tube and site.
2. Identify potential issues related to the skill.
3. Identify resources available to assist school personnel.

BS 5.2 and BS 6.2
*Trach Care*
Participants will be able to:
1. Demonstrate how to perform care of tracheostomy.
2. Identify potential issues related to the skill.
3. Identify resources available to assist school personnel.

BS 5.3 and BS 6.3
*Insulin Pumps*
Participants will be able to:
1. Gain understanding of how the insulin pump works.
2. Identify potential issues related to the insulin pump.
3. Identify resources available to assist school personnel.

BS 5.4 and BS 6.4
*Hearing Assessments*
Participants will be able to:
1. Demonstrate hearing assessment.
2. Identify potential issues or barriers to performing a hearing assessment.
3. Identify resources available to assist school personnel.

BS 5.5 and BS 6.5
*Catheter Insertion and Care*
The participant will be able to:
1. Demonstrate catheter insertion.
2. Identify potential issues related to the skill.
3. Identify resources available to assist school personnel.

BS 5.6 and BS 6.6
*REVIVE Training*
The participant will:
1. Gain a better understanding of opioids.
2. Be able to describe how opioid overdoses happen.
3. Be able to list risk factors for opioid overdoses.
4. Demonstrate how to respond to an opioid overdose emergency with the administration of Naloxone.

**GS 3.0**
**The Emerging and Evolving Substance Use Epidemic and Implications For School-Aged Children**
The participant will be able to:
1. Review epidemiologic data associated with substance use in children and young adults.
2. Review new substances of abuse emerging and sites used for purchase.
3. Discuss initiatives underway at colleges and universities to combat substance abuse.

**GS 4.0**
**Panel Discussion of Mental Health/Awareness**
The participant will be able to:
1. Discuss public school initiatives for schools to consider related to the opioid concerns.
2. Discuss Nalaxone access at Hampton City Schools.
3. Provide insight on the burden that this crisis is placing on public safety at the local, state and national level.
4. Provide information on how this has developed into a gang and organized criminal enterprise.

**BS 7.1**
**Managing Sensitive Family Life Issues**
The participant will be able to:
1. Help participants identify "sensitive" issues regarding sexuality and family life and identify their feelings about those issues.
2. Provide opportunities for participants to practice answering questions about "sensitive" issues and get feedback and support from their peers.
3. Increase their comfort levels in teaching about "sensitive" issues in the classroom.
4. Increase their skills in answering questions about "sensitive" issues.
5. Remain nonjudgmental in discussing different values and beliefs.

**BS 7.2**
**Supporting Military Connected Students and Their Families**
The participant will be able to:
1. Learner will gain an understanding of the roles and responsibility of the VDOE Military Student and Families Specialist.
2. Learner will gain an understanding of the Interstate Compact on the Educational Opportunity for Military Children.
3. Learner will gain an understanding of the current challenges facing military connected children and ways to support and minimize the stress they endure.

**BS 7.3**
**Promoting Cultural Diversity and Inclusion Principles in Student Health Services**
The participant will be able to:
1. Discuss ways they promote cultural diversity and cultural competency in their clinics based on a self-assessment.
2. Define equity, equality, and discuss the difference.
3. Verbalize how privilege affects your life and can impact your work.

**BS 7.4**
**Planning For Brain Breaks Throughout the Day**
The participant will:
1. Know the relationship between physical activity and improved student learning.
2. Be able to share with elementary faculty how to create brain breaks for their students.
3. Be able to perform brain breaks during their busiest times of the day.

**BS 7.5**
**What Makes a Service Dog a Service Dog?**
The participant will:
1. Understand common misconceptions/misunderstandings about service dogs.
2. Learn about the laws applicable to service dogs and emotional support dogs.
3. Know what you can ask, do, and expect of a person who has a “service dog” or “emotional support dog” in public.

**GS 5.0**
**AFTERNOON KEYNOTE: Sex, Money and the Forgotten Victim – A look at Gang Related Sex Trafficking**
The participant will:
1. Recognize warning signs of gang related sex trafficking.
2. Know who is susceptible to gang related sex trafficking.
3. Be able to identify services and defenses against traffickers and trafficking.