Conference Registration Form

2015 Multi-State Nutrition Assistants’ Conference
May 5-8, 2015
The Hotel Roanoke and Conference Center • Roanoke, Virginia

Please print or type—complete a separate form for each participant

Name

Title

Organization

Org.’s FID#

Mailing Address

City

State

Zip

Daytime Phone No.

Fax No.

Email

Signature

Registration fee: 0

Wednesday, May 6 • Morning Sessions 1 • 8:30 – 10:00 a.m. (Select one)

___ Artificial Sweeteners: Should we be worried?
___ Basic Food Safety & Knife Skills
___ Collective Impact: From Partnership to Team
___ Financially Yours: Making your Dreams come True through Savings!
___ Freezing and Drying Foods at Home
___ I Never Thought You’d Ask
___ Putting the Moves into Programs
___ School Agers, Adolescents and Teens, Oh My!
___ Smart Snacks in Schools
___ The Professional You

Wednesday, May 6 • Morning Sessions 2 • 10:30 a.m. – 12:00 p.m. (Select one)

___ Emerging Topics in Food Safety
___ Financially Yours: Making your Dreams Come True through Saving!
___ I Never Thought You’d Ask
___ Junior Master Gardener: Health and Nutrition from the Garden
___ Putting the Moves into Programs
___ Stepping into the role of a facilitator
___ The ins and outs of pre- and pro-biotics & Gut Health
___ The Professional You
___ Water: More than just for hydration
___ Why we should promote School Lunches: Behind the Brown Bag

Wednesday, May 6 • Super Sessions • 2:30 – 3:40 p.m. (Select one)

___ Food Challenge
___ Tricks of the Trade

Wednesday, May 6 • Super Sessions • 3:50 – 5:00 p.m. (Select one)

___ Food Challenge
___ Tricks of the Trade
Thursday, May 7 • Morning Session 1 • 8:30 – 10:00 a.m. (Select one)

___ Balancing Work and Family
___ Brain Health as We Age
___ Changing Lives One Step at a Time
___ Fighting two of the top killers in the US-Cancer & Heart Disease
___ Get off the SoFAs
___ Meet Them and Keep Them: Ideas that work for Recruitment and Retention
___ Rethink Your Drink
___ Strengthen Participant Engagement: Facebook
___ Stress Management
___ The Scoop on Whole Grains

Thursday, May 7 • Morning Session 2 • 10:30 a.m. – 12:00 p.m. (Select one)

___ Brain Health as We Age
___ Cultural Perceptions of a Multicultural Community
___ Get off the SoFAs
___ Gluten Intolerance - Fact or Fiction
___ Meet Them and Keep Them: Ideas that Work For Recruitment and Retention
___ Plugging Spending Leaks
___ Rethink Your Drink
___ The Scoop on Whole Grains
___ This is Your Grandmother’s Strength Training Program: (and yours too!)
___ Top 10 Tips for Wellness

Thursday, May 7 • Super Sessions • 1:15 – 3:45 p.m. (Select one)

___ How To Overcome 5 Common Concerns about: Using a Dialogue Approach to Teaching
___ Food for Today
___ Roanoke’s Prizes - The Star and the Market

Please choose your position type:   ___ Adult   ___ EFNEP   ___ SNAP_Ed   ___ Youth

Enter the name of your roommate (no single rooms are available unless medically necessary): ________________________________

Please list any medically necessary dietary needs you may have: ________________________________

Please list any accessibility needs you may have to enable you to attend this conference (including single room request): ________________________________

Return completed form by March 30, 2015 (no staples, tape, or paper clips, please) to:

Conference Registrar
Continuing and Professional Education
Virginia Tech, Mail Code 0272
702 University City Blvd.
Blacksburg, VA 24061

phone: 540/231–5182
fax: 540/231–3306

Cancellation Policy
Another person may be substituted at any time for this program. In the unlikely event that this program is cancelled or postponed due to insufficient enrollments or unforeseen circumstances, the university will fully refund registration fees but cannot be held responsible for any other expenses, including cancellation or change charges assessed by airlines, hotels, travel agencies, or other organizations.

For weather or disaster-related program cancellation or postponement information, please call 540-231-9489.

The information you provide is subject to the Freedom of Information Act guidelines.