



LIFELONG LEARNING INSTITUTE
at VIRGINIA TECH.



Online and in-person learning adventures for curious adults!



LLI hikers visiting Brush Mountain Park with the New River Land Trust.

Fall 2022 CALENDAR

Visit www.cpe.vt.edu/lifelonglearning for details and updates

Week of Aug. 8	Detailed course and event descriptions available on LLI website Catalog in pdf format available for viewing or download	Sept. 1	Zoom Preview of Fall Program, 10:00 – 11:30 a.m. Registration not required.
		Sept. 7	Online registration opens at 10:00 a.m. Walk-in registration 10:00-2:00 Sept. 7 only
		Beginning Sept. 19	Classes phased in over several weeks

Fall 2022

PROGRAM OVERVIEW

LLI Fall 2022 Courses at a Glance

See the LLI website and online catalog for full course and event descriptions: www.cpe.vt.edu/lifelonglearning.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 - 10:30, 6 weeks Sep 19, 26, Oct 10, 17, 24, 31 (skip Oct 3) Justice: What Is the Right Thing to Do? (limit 20) Dean Spader CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>11:00 - 12:30, 4 weeks Oct 10, 17, 24, 31 Digging Deeper into Genealogy (limit 25) Rebecca Novy CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>2 weeks, times vary 10:30 - 12:00, Sept 26 10:00 - 12:00, Nov 7 Creating Beautiful Glass Flowers for Your Garden (limit 18) Paula Golden Sept 26: Instructor's Home Nov 7: Blacksburg Community Center, Community Room</p> <hr/> <p>1:00 - 2:30, 4 weeks Sep 19, Oct 2, 10, 17 (skip Sep 26) Armchair Journeys (limit 50) Molly McClintock, Coordinator Zoom</p> <hr/> <p>1:00 - 2:30, 3 weeks Oct 3, 10, 17 Taste of Technology (limit 35) Carolyn Meier, Sandy Hagman, Diana George, Coordinators Zoom</p> <hr/> <p>3:00 - 5:00, 6 weeks Sep 19, 26, Oct 3, 10, 17, 24 Appreciating Wines of Portugal, Germany, Austria, Greece, and Eastern Europe (limit 25) Randall Horst Vintage Cellar</p>	<p>9:00 - 10:15, 7 weeks Oct 4, 11, 18, 25, Nov 1, 8, 15 Sampler (Unlimited) Molly McClintock, Coordinator Zoom</p> <hr/> <p>11:00 - 12:30, 5 weeks Oct 4, 11, 18, 25, Nov 1 Pictures to Books: Making Digital Photos into Memory Books, Heirlooms, Travel Logs, and More (limit 12) Carolyn Meier, Coordinator CRC, Curiosity Rm, 1900 Kraft Dr, Suite 1000</p> <hr/> <p>11:00 - 12:30, 6 weeks Sep 20, 27, Oct 4, 11, 18, 25 How Do Courts Function in a Democracy? (limit 20) Jack Call CRC, Crescent Rm, 2000 Kraft Drive, Suite 2100</p> <hr/> <p>11:30 - 12:30, 4 weeks Sep 20, 27, Oct 4, 11 Intro to Yoga (limit 15 in-person; unlimited Zoom) Natalie Duncan In-Balance Yoga Studio, 1512 N. Main St, Blacksburg or Zoom</p> <hr/> <p>1:00 - 2:30, 6 weeks Sep 20, 27, Oct 4, 11, 18, 25 Introducing Toni Morrison (limit 15) Virginia Fowler CRC, Crescent Rm, 2000 Kraft Drive, Suite 2100</p> <hr/> <p>3:00 - 4:30, 6 weeks Sep 20, 27, Oct 4, 11, 18, 25 Unpacking Hebrew (Old Testament) Narrative (limit 20) Russell Gregory CRC, Crescent Rm, 2000 Kraft Drive, Suite 2100</p>	<p>10:30 - 12:00, 4 weeks Sep 28, Oct 5, 12, 26 (skip Oct 19) What Went Wrong? The Decline of the Middle East in Modern Times (limit 50) Bill Ochsenwald Warm Hearth Village, Tall Oaks Rm</p> <hr/> <p>10:30 - 12:00, 2 weeks Nov 2, 9 Four Key Developments in Blacksburg's Early History (limit 50) Hugh Campbell Warm Hearth Village, Tall Oaks Rm</p> <hr/> <p>1:00 - 2:30, 4 weeks Sep 21, 28, Oct 5, 12 Prizing Children's Literature: Selecting the Best Books for the Kids You Love (limit 15) Kaye Graham Warm Hearth Village, Woodland Studio</p> <hr/> <p>3:00 - 4:30, 6 weeks Sep 21, 28, Oct 5, 12, 19, 26 Best of 2021 Short Stories (limit 15) Trudi Riley, Molly McClintock Zoom</p>	<p>9:00 - 10:30, 6 weeks Sep 22, 29, Oct 6, 13, 20, 27 Political Cartooning in Africa (limit 32) Edd Sewell CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>10:30 - 12:00, 1 week Nov 3 What You Need to Know before You Buy a New Computer, Laptop, or Tablet Device (limit 32) Travis Carter CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>11:00 - 12:30, 6 weeks Sep 22, 29, Oct 6, 13, 20, 27 Global Change VII: Plastic Pollution (limit 50) Anne McNabb, Beth Grabau, and Don Mullins Zoom</p> <hr/> <p>11:00 - 12:30, 4 weeks Oct 6, 13, 20, 27 Families and Relationships: Connections That Matter (limit 32) Katherine Allen, Fred Piercy CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>1:00 - 2:30, 5 weeks Oct 6, 13, 20, 27, Nov 3 Weighing the Facts: The Brain-Body Weight Connection (limit 32) Janet Rankin, Coordinator CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>3:00 - 4:30, 6 weeks Sep 22, 29, Oct 6, 13, 20, 27 Introduction to Italian (limit 15) June Stubbs CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>3:00 - 4:30, 6 weeks Sep 22, 29, Oct 6, 13, 20, 27 Seasoned Sleuths: Detection After 60 (limit 32) Britton Gildersleeve Zoom</p>	<p>9:00 - 11:00, 6 weeks Sep 16, 23, 30, Oct 14, 21, 28 (skip Oct 7) En Plein Air (limit 16) Jessica Pace-Berkeley Outdoors at various locations</p> <hr/> <p>9:00 - time varies, 2 weeks Oct 7 (9:00-10:30, Zoom) Oct 14 (9:00-2:00, in-person inc lunch) Preparing Classic Szechuan Chinese Dishes (limit 12) Anne McNabb Session 1 by Zoom Session 2 at instructor's home</p> <hr/> <p>11:00 - 12:30, 5 weeks Sep 23, 30, Oct 7, 14, Oct 28 (skip Oct 21) Memoir and Essay Writing (limit 15) Richard Gilbert CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p> <hr/> <p>2:00 - 3:30, 1 week Oct 21 Electronic Doodling: Using a Tablet to Draw (limit 32) Steven White CRC, Concept Rm, 1880 Pratt Dr, Suite 2018</p>

CRC = Corporate Research Center

For more detailed information, please see the LLI website and online catalog for full course and event descriptions: www.cpe.vt.edu/lifelonglearning.

LLI at Virginia Tech, Fall 2022

27 courses will be offered for Fall 2022 – 6 online, 20 in-person, and 1 in both formats – something for everyone! Course titles and format are listed on the Courses at a Glance summary. See the LLI website and online catalog for full course and event descriptions: www.cpe.vt.edu/lifelonglearning.

Five field trips around the NRV are on the schedule, each for a small fee. Lots of nature and history to enjoy.

Free special events are a great member benefit. Four Zoom webinars and three in-person programs are on the schedule. You may sign up for as many of these events as you plan to attend.

Free Zoom Webinars

4 sessions: Oct 28, Nov 4, Nov 15, Nov 17 • 1:30 – 3:00 p.m. *Register for each one separately. Unlimited enrollment.*

Zoom webinars allow us to engage national experts and share these talks with a larger audience.

33. Community Responses to Refugees and Migrants: Learning from Sicily Friday, October 28, 1:30 – 3:00 p.m.

In the wake of the Arab Spring in the early 2010s, more than 45,000 people risked their lives to cross the Mediterranean in search of refuge in Europe. This talk examines the reactions of citizens in Siracusa, Sicily to the influx, comparing these views to the opinions expressed by residents of Southwest Virginia in discussions of local refugee resettlement projects. The presentation emphasizes the role and impact of community support groups. It concludes with a discussion of how Virginia Tech's new Center for Refugee, Migrant and Displacement Studies supports efforts both in Siracusa and in Southwest Virginia.

Rebecca Hester is an associate professor in the Department of Science, Technology and Society at Virginia Tech and co-founder of the Center for Refugee, Migrant and Displacement Studies.

34. Celebrating Stephen Sondheim Friday, Nov 4, 1:30 – 3:00 p.m.

Stephen Sondheim was one of the most influential composers and lyricists in American musical theatre, known for the versatility of his shows and the depth of his lyrics. This talk will review Sondheim's life and astonishing range of work, including the inspiration he provided to other composers. We will hear Sondheim himself presenting and discussing his work, including his comments on the recent *West Side Story* film. Participants will receive extensive materials after the talk to further learn about Sondheim and his work.

Dan Sherman is a retired economist who found his passion in teaching adult education courses on theatre and opera to a wide variety of groups throughout the Washington D.C. area and Williamsburg.

35. Memory Wars Tuesday, Nov 15, 1:30 – 3:00 p.m.

Memory Wars is a new podcast that explores how Germany reckoned with the history of the Holocaust and what can be learned as America grapples with its own legacy of slavery and

racism. Radio IQ's Mallory Noe-Payne spent a year in Germany on a Fulbright grant listening to personal stories from German citizens and how they, and the country as a whole, are coming to grips with their Nazi past. When she returned, Mallory teamed with Michael Paul Williams of the *Richmond Times-Dispatch* to explore America's response over time to its history of racism and slavery.

Join us to learn more about how these Memory Wars have played out, the similarities and differences in cultural and historical contexts, and the themes of education, memorialization, and accountability that emerged from Mallory's research and reflection with her podcast co-host.

Mallory Noe-Payne is the Richmond Bureau Chief for Radio IQ and recipient of a Fulbright Young Professional Journalist grant.

Michael Paul Williams, a columnist for the *Richmond Times-Dispatch*, won a Pulitzer Prize for a series of columns in 2020 on the dismantling of Richmond's monuments to white supremacy.

36. Trees and Forests: Eating, Drinking, and Gossip

Thursday, Nov 17, 1:30 – 3:00 p.m.

This presentation provides a broad overview of the trees found in Virginia's forests, a rich mix of species resulting in high biodiversity, productivity, and aesthetic value. We will pay special attention to the environmental factors controlling tree distribution and productivity. Participants will gain a better appreciation of the amazing, huge organisms we call trees, marveling at their growth and water-uptake mechanisms and their astonishing ability to "communicate" with each other. You'll have a chance to ask your questions of VT's "Dr. Dendro."

Alumni Distinguished Professor **John Seiler** has been a member of the faculty in the Department of Forest Resources and Environmental Conservation at Virginia Tech since 1985. The recipient of numerous teaching awards, including the University Wine Award, the SCHEV Outstanding faculty Award, and the Ernest L. Boyer International Award for Excellence in Teaching, Learning and Technology, John is a popular authority on tree biology and identification known by the public as "Dr. Dendro."

Out and About Field Trips

(See the catalog or website for additional details about these trips.)

28. A Walk with the Birds

Friday, September 30, 9:00 – 11:00 a.m.
Meet at Heritage Park, 2300 Glade Road, Blacksburg
Trip limit: 18 • Fee: \$15

Curious about our native birds? Want to be better able to identify who you see at your feeder or hear in the woods? Meet Bill and Sally at Heritage Park for a walk and talk about birds. Wear comfortable shoes and be prepared for some vigorous walking. Your guides, Bill Opengari and Sally Pfeiffer, are members of the NRV Bird Club and avid birders.

29. NRV Land Trust Visit to Catawba Valley Farm: A Stream Restoration Project on the North Fork of the Roanoke River

Co-sponsored by the New River Land Trust
Saturday, October 1, 10:00 a.m. – 12:00 p.m.
[Rain date: Saturday, October 8, 10:00 – 12:00]
Sutphin Family Farm property in Catawba Valley
Trip limit: 30 • Fee: \$15

Join the New River Land Trust and partners for a tour of the river restoration activities on the beautiful Sutphin property on the North Fork of the Roanoke River.



The North Fork of the Roanoke River originates between two mountain ridges just inside Roanoke County before flowing through Montgomery County east of Blacksburg.

The river is home to a variety of rare and native species, including the federally endangered Roanoke logperch.

The Land Trust is partnering with private landowners, the U.S. Fish and Wildlife Service Partners for Fish and Wildlife Program, the Virginia Division of Wildlife Resources, and local Soil and Water Conservation Districts on this stream restoration project.

30. A Walk with the Bees

Friday, October 7, 10:00 – 11:30 a.m.
Meet at the grounds of the Unitarian Universalist Congregation
1301 Gladewood Dr., Blacksburg
Trip limit: 15 • Fee: \$15

Richard Reid, owner of Happy Hollow Bees and Honey, will lead us on a short but uphill walk to the hives at the Unitarian Universalist Congregation (UCC). He will show us the components of a beehive and his beekeeper tools. Richard will answer questions about the life cycle of bees and the annual tasks of the beekeeper. He'll discuss planting for pollinators and update us on Colony Collapse Disorder. There may even be honey samples to try!

31. Visit to St. Luke & Odd Fellows Hall

Co-sponsored by the Blacksburg Museum and Cultural Foundation
Friday, October 7, 1:30 – 3:00 p.m.
St. Luke & Odd Fellows Hall, 203 Gilbert Street, Blacksburg
Trip limit: 24 • Fee: \$15



Once the center of a vibrant African-American community, the St. Luke & Odd Fellows Hall is the last remaining structure of what was called New Town. Built in 1905, the St. Luke & Odd Fellows

Hall served as a community center during segregation. Today, the Hall serves as a museum and regularly hosts events to preserve its important history. New Town and the St. Luke & Odd Fellows Hall are important reminders of the resilience, self-reliance, and community spirit of the people who lived in this neighborhood as well as the injustice that segregation imposed. Learn about the history of this important historic landmark in Blacksburg from Blacksburg Museum & Cultural Foundation board member, Tom Sherman.

32. Walking Tour of Downtown Christiansburg

Co-sponsored by the Montgomery Museum of Art and History
Wednesday, October 19, 10:30 a.m. – 12:00 p.m.
Meet at the Christiansburg Presbyterian Church,
107 W Main Street
Trip limit: 20 • Fee: \$15

Architectural styles, like fashion, are an indicator of culture, just as national business trends were important economic drivers throughout much of our local history. Join Sherry Joines Wyatt, curator at the Montgomery Museum of Art & History Center, on a walking tour through the heart of Downtown Christiansburg, which will serve as a learning lab for history. You'll see how the town participated in national trends of architecture and business as illustrated by buildings, monuments, and sites dating from 1853 through the early 1960s. The tour will be supplemented with historic photographs from the museum's collection and there will be plenty of opportunity for questions and answers.

In-Person Special Events

The following in-person special events are free to LLI members; registration is required.

37. & 38. Enjoy Free Audio Books, eBooks, and Magazines on Your Devices

Two in-person sessions, choose one based on your device.

Monday, November 7

37. 10:30 – 12:30 p.m. – **Apple** Devices

38. 2:30 – 4:30 p.m. – **Android** Devices

Blacksburg Library Community Room
200 Miller Street, Blacksburg

In-person – limit 10 per session

39. Dementia - Types, Causes, Diagnosis, Testing, Prevention, Treatment

Monday, November 7, 1:00 – 2:30 p.m.

Warm Hearth Village Center

Limit: 40 • Fee: Free

This event is open to Warm Hearth residents.

We will explore the various dementia syndromes and their causes, and then discuss how to diagnose dementia. What tests are needed? How can we separate normal forgetfulness of aging from dementia? And, finally, what can be done to prevent and treat dementia?

Presenter: Larry Cox is a retired board-certified cardiologist who recently moved to the New River Valley.

40. Roots of Southern Appalachian Music - and More

Monday, November 14, 1:00 – 2:30 p.m.

Warm Hearth Village Center

Limit: 40 • Fee: Free

This event is open to Warm Hearth residents.



Fred Benfield (VT Professor Emeritus) and his son Jon (Station Manager of WVRU Public Radio) have performed in the region together and with others over the last 35 years. As “American

Roots” this guitar/vocal harmony duo specializes in early 20th century music in a variety of genres including traditional ballads, “Appalachian Blues”, “Piedmont Blues”, “Delta Blues” trad-country, trad-jazz, tin-pan-alley toe tappers, swing, hot fiddle tunes (on guitar), and “folkgrass” (folk tunes played at bluegrass tempo). All of these musical styles have influenced the development of the music one hears in the Southern Appalachians today. In this program, Fred and Jon will select tunes they enjoy performing from the list of genres.

Want to know about course and event offerings? Don't miss the Fall Preview!

Thursday, September 1, 10:00 to 11:30 a.m.

Zoom webinar, no limit, no prior registration necessary

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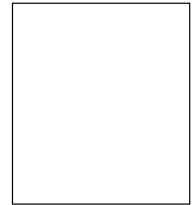
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Please visit the LLI website for the complete list of Supporting Sponsors. We appreciate their support!

Edward Jones

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400 Stanger Street #118A
Blacksburg, VA 24061



FEES

Fall term membership: \$60. You **must** be a member to register for a course and or sign up for special events.

LLI courses: \$35 per course. One-session classes and field trips are \$15. Some courses require an additional materials fee or purchase of a textbook or supplies.

Special events are free to members.

FALL 2022 REGISTRATION

There are four ways to register this fall beginning at 10:00 a.m. on Wed, Sept 7:

- Online with a credit card ****best option****
- On the phone using a credit card
- Walk-in at CRC location, 1900 Kraft Drive, on Sept 7, 10:00-2:00 only
- Mail-in registration with paper form and check or credit card

Registration details are available on the LLI website. Please contact CPE Registration at 540-231-5182 if you need help.

Please note that many classes have limited seats available. Early registration is recommended.

FEE WAIVERS

The Lifelong Learning Institute is committed to accessible and affordable educational opportunities for NRV residents. Requests for fee waivers should be addressed to the CPE Registrar, phone 540-231-5182. All requests are confidential.

GUESTS

LLI members are asked not to share Zoom access links for courses or events with any unregistered person.

REFUNDS

Membership fees are not refundable. However, if LLI cancels a course for any reason and the member has not enrolled for any other activity, the membership fee and the course fee may be refunded.

A member must cancel enrollment one week prior to the first session of the class to receive a refund of the course fee.

CONTACT INFORMATION

CPE Registrar, 540-231-5182, cpeinfo@vt.edu
LLI Website: www.cpe.vt.edu/lifelonglearning/
LLI Email: lifelonglearning@vt.edu